

*get started*

INSTANT POT® **DUO**®  
USER MANUAL

Instant®

# Welcome

to your new Instant Pot® Duo® Multi-Cooker!

This Duo can help you cook delicious meals more easily and in less time. We hope you fall in love with Instant Pot cooking and enjoy it in your kitchen for years to come!

**Get started with your Duo!**



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# **IMPORTANT SAFEGUARDS**

## **⚠ WARNING**

**Failure to follow safety instructions may result in personal injury and/or property damage and may void your warranty.**

## READ ALL INSTRUCTIONS

Before using your new appliance, please read all instructions, including the Safety Information below. Keep this manual for reference.

### Placement

- **DO** place the appliance on a countertop only. Always operate the appliance on a stable, non-combustible, level surface.
- **DO** make sure all parts are dry and free of food debris before placing the inner cooking pot on the cooker base.
- **DO NOT** place the appliance on or close to a gas or electric burner, or oven.
- **DO NOT** use the appliance near water, an external heat source or flame.
- **DO NOT** use outdoors. Keep out of direct sunlight.
- **DO NOT** place on anything that may block the vents on the bottom of the appliance.

### General Use

The removable inner cooking pot is extremely hot during use and can be extremely heavy when full of ingredients.

- **DO** use oven mitts when handling the inner cooking pot and removing accessories.
- **DO** place hot accessories on a heat-resistant surface or cooking plate.
- **DO** use care when lifting the cooking pot from the cooker base to avoid burn injury.
- **DO** use extreme caution when the cooking pot contains hot food, hot oil or other hot liquids.
- **DO** use only the Instant Pot lid that came with this cooker base. Using any other pressure cooker lids may cause personal injury and/or property damage.

## **⚠ WARNING**

**Failure to follow safety instructions may result in personal injury and/or property damage and may void your warranty.**

- **DO NOT** use the appliance without the removable inner cooking pot installed.
- **DO NOT** touch the appliance's hot surfaces, or any accessories during or immediately after cooking because they will be hot. Only use the appliance's side handles for carrying or moving.
- **DO NOT** use this appliance for deep frying or pressure frying with oil.
- **DO NOT** move the appliance while it is in use and use extreme caution when disposing of hot grease.
- **DO NOT** allow children or persons with reduced physical, sensory or mental capabilities to operate this appliance. Close supervision is necessary when any appliance is used by or near children and persons with reduced physical, sensory or mental capabilities. Children should not play with this appliance.
- **DO NOT** use the appliance for anything other than household use. It is not intended for commercial use.
- **DO NOT** leave the appliance unattended while in use.

### **Pressure Cooking**

This appliance cooks under pressure. Allow the appliance to depressurize naturally or release all excess pressure before opening. Failure to follow these instructions may result in burns, personal injury and/or property damage.

- **DO** make sure the appliance is properly closed before operating.
- **DO** check that the steam release valve is installed.
- **DO** use the pressure cooking lid when pressure cooking.
- **DO** turn the appliance off if steam escapes from the steam release valve and/or float valve in a steady stream for longer than 3 minutes. If steam escapes from the sides of the lid, turn the appliance off. Once steam stops, pressure is released and the cooker has cooled, carefully make sure the sealing ring is properly installed.
- **DO** check the steam release valve, steam release pipe, anti-block shield and float valve for clogging before use.
- **DO NOT** remove the pressure cooking lid with unprotected hands.
- **DO NOT** attempt to force the lid off the Instant Pot cooker base.

## **⚠ WARNING**

**Failure to follow safety instructions may result in personal injury and/or property damage and may void your warranty.**

- **DO NOT** move the appliance when it is pressurized.
- **DO NOT** cover or obstruct the steam release valve and/or float valve with cloth or other objects.
- **DO NOT** attempt to open the appliance until it has depressurized, and all internal pressure has been released. Attempting to open the appliance while it is still pressurized may lead to sudden release of hot contents and may cause burns, personal injury and/or property damage.
- **DO NOT** place your face, hands or exposed skin over the steam release valve or float valve when the appliance is in operation or has residual pressure, and do not lean over the appliance when removing the lid.

### **Overfill During Pressure Cooking**

Overfilling may cause a risk of clogging the steam release pipe and valve, developing excess pressure.

- **DO NOT** fill the inner cooking pot over the line labeled 'PC MAX' or 'Max PC Fill'.
- **DO NOT** fill the inner cooking pot over the line labeled '1/2' when cooking foods that expand during cooking such as rice, dried beans or dried vegetables.
- **DO** be aware that certain foods, such as applesauce, cranberries, pearl barley, oatmeal or other cereals, split peas, noodles, macaroni, rhubarb, or spaghetti can foam, froth and sputter, and clog the steam release pipe and valve. **DO NOT** fill the inner cooking pot over the line labeled '1/2' when cooking these foods.
- **DO NOT** place oversized foods into the inner cooking pot as they may cause risk of fire, personal injury and/or property damage.
- **DO** check that sealing ring is properly installed.

### **Accessories**

- **DO** use only accessories or attachments authorized by Instant Brands. The use of parts, accessories or attachments not recommended by the manufacturer may cause a risk of electric shock or other personal injury, fire and/or property damage.

## **⚠ WARNING**

**Failure to follow safety instructions may result in personal injury and/or property damage and may void your warranty.**

- **DO** use only an authorized Instant Pot inner cooking pot to reduce the risk of pressure leakage.
- **DO** only replace the sealing ring with an authorized Instant Pot sealing ring to prevent personal injury, property damage, and/or damage to the appliance.
- **DO NOT** use the included accessories in a microwave, toaster oven, convection or conventional oven, or on a ceramic cooktop, electric coil, gas range or outdoor grill.

### Care and Storage

- **DO** let the appliance cool to room temperature before cleaning or storage.
- **DO NOT** store any materials, other than the inner cooking pot, in the cooker base when not in use.
- **DO NOT** place any combustible materials in the cooker base, such as paper, cardboard, plastic, Styrofoam or wood.

### Power Cord

A short power-supply cord is used to reduce the hazards resulting from grabbing, entanglement or tripping. **WARNING:** Hot spilled food can cause serious burns.

- **DO** keep appliance and power cord away from children.
- **DO NOT** let the power cord hang over edges of tables or counters.
- **DO NOT** let the power cord touch hot surfaces or open flame, including a stovetop.
- **DO NOT** use below-counter power outlets.

This appliance has a 3-prong grounding plug. To reduce the risk of electric shock:

- **ONLY** plug the power cord into a grounded electrical outlet.
- **DO NOT** remove the grounding prong on the electrical plug.
- **DO NOT** use with extension cords, power converters or adapters, timer switches or separate remote-control systems.

## **⚠ WARNING**

If the unit includes a detachable power cord:

- To connect, always attach the power cord to the appliance first, then plug the power cord into the wall outlet.

### **Electrical Cautions**

The cooker base contains electrical components that are an electrical shock hazard. **Failure to follow these instructions may result in electric shock and/or death.**

To protect against electrical shock:

- To disconnect, select **Cancel**, then remove plug from power source. Always unplug when not in use, as well as before adding or removing parts or accessories, and before cleaning. To unplug, grasp the plug and pull from the outlet. **Never** pull from the power cord.
- **DO** regularly inspect the appliance and power cord.
- **DO NOT** operate the appliance if the power cord or plug is damaged, or after the appliance malfunctions or is dropped or damaged in any manner. For assistance, contact Consumer Care by email at **support@instanthome.com**.
- **DO NOT** attempt to repair, replace or modify components of the appliance, as this may cause electric shock or other personal injury, fire and/or property damage, and will void the warranty. For assistance, contact Consumer Care by email at **support@instanthome.com**.
- **DO NOT** tamper with any of the safety mechanisms, as this may result in personal injury and/or property damage.
- **DO NOT** put liquid or food of any kind into cooker base. Always place food into the inner cooking pot and place the cooking pot into the cooker base.
- **DO NOT** immerse the power cord, plug or appliance in water or other liquid.
- **DO NOT** clean the appliance by rinsing it under a faucet.
- **DO NOT** use the appliance in electrical systems other than 120 V ~ 60 Hz for North America.

# **SAVE THESE INSTRUCTIONS**

## **⚠ WARNING**

**Failure to follow safety instructions may result in personal injury and/or property damage and may void your warranty.**



## WHAT'S IN THE BOX

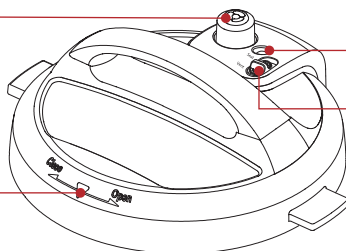
### Lid

Steam Release Valve

Float Valve

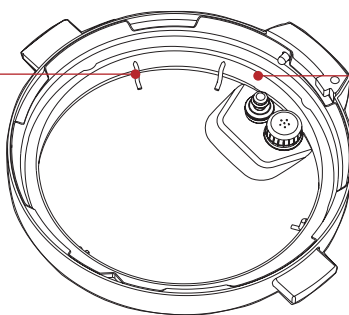
Steam Release Switch

Lid Position Marker



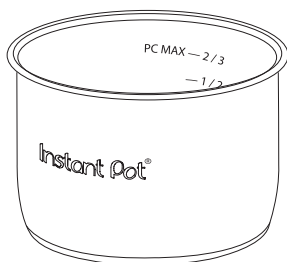
Sealing Ring Rack

Sealing Ring

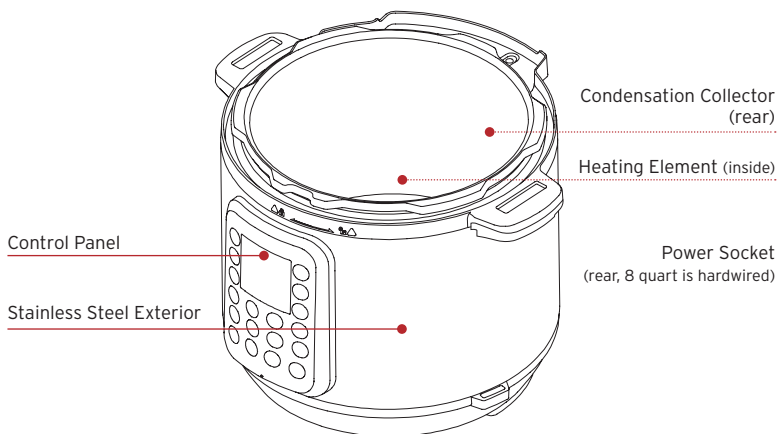


*Illustrations are for reference only and may differ from the actual product.*

## Stainless Steel Inner Cooking Pot



## Cooker Base



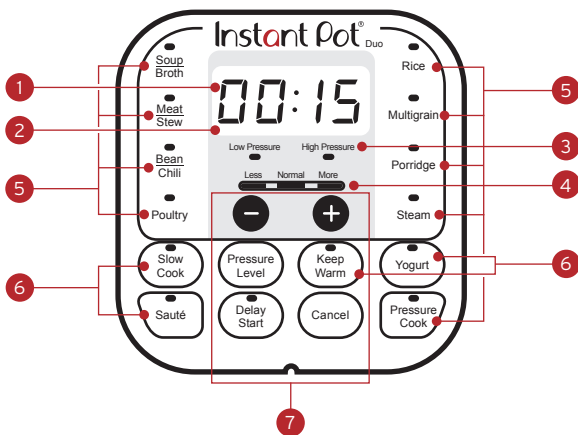
## Remember to recycle!

We designed this packaging with sustainability in mind. Please recycle everything that can be recycled where you live.

# USING YOUR DUO

## Control panel

We've designed the control panel to be simple to use and easy to read.



1. Time
  - Cooking time
  - Delay Start time
  - Keep Warm time
2. Status Messages
3. Pressure
  - Low or High
4. Time/temperature options
  - Pressure cooking: 3 preset time options
  - Non-Pressure cooking: 3 temperature levels
5. Pressure Cooking Smart Programs
  - Light shows the active Smart Program
6. Non-Pressure Cooking Smart Programs
  - Light shows the active Smart Program
7. Smart Program Settings
  - Choose Pressure Level
  - Keep Warm On/Off
  - Delay Start On/Off
  - Cancel

## Status messages

The control panel shows information you need to know when using your Instant Pot Duo.

OFF	Standby mode
On	Preheat mode
Lid	Lid not properly secured or missing
05:20	Time <ul style="list-style-type: none"><li>• Smart Program: cooking time remaining</li><li>• Delay Start: time until Smart Program starts</li><li>• Keep Warm: time food has been warming</li></ul>
Auto	Rice Smart Program is running
boil	Yogurt Smart Program is in pasteurizing cycle
Hot	Sauté Smart Program is ready to add food
End	Smart Program ended (Keep Warm is off)
Food burn	Overheating: see Troubleshooting
E	Error: see Troubleshooting

## Using the lid

You'll use the pressure cooking lid for all cooking programs with your Instant Pot Duo. Always use the pressure cooking lid that came with this Instant Pot Duo cooker base.

### Open the Lid

1. Turn the lid handle to align the arrow symbol on the lid with the unlock symbol on the cooker base.
2. Lift the lid up and off the cooker base.

*You can insert the handle into the cooking base vertically for easy storage.*

### Close the Lid

3. Align the arrow symbol on the lid with the unlock symbol on the cooker base and lower the lid onto the track.
4. Turn the lid until the arrow symbol on the lid aligns with the lock symbol on the cooker base.

## Turning the sound On/Off

### Turn sound on

When in Standby mode, press and hold + button until display shows **S On**.

### Turn sound off

When in Standby mode, press and hold - button until display shows **SOFF**.

*Audible safety alerts (beeps) cannot be turned off.*

## Delay the start of cooking

You can set a Delay Start timer for a minimum of 10 minutes or a maximum of 24 hours.

1. Select a Smart Program, adjust the settings as you want, then press **Delay Start**.

*Once Delay Start has been selected, there is no way to return to the cooking settings. To adjust Smart Program settings, press Cancel and enter new selections.*

2. When the hours field flashes, use the - / + buttons to adjust the delay time hours.
3. Press **Delay Start** again to toggle to the minutes field and adjust the delay time minutes.
4. Delay Start begins automatically and the timer counts down.
5. When Delay Start ends, the Smart Program begins, and the display indicates **On**.

*Delay Start is not available with the Sauté or Yogurt Smart Programs.*

## Reset Smart Programs to original settings

### Reset Individual Smart Programs

- With the cooker in Standby mode, press and hold one Smart Program button until the cooker returns to Standby and shows **OFF**.

*The Smart Program's pressure level, cooking time and temperature are restored to the factory default setting.*

### Reset All Smart Programs

- With the cooker in Standby mode, press and hold **Cancel** until the cooker beeps.

*All Smart Program pressure levels, cooking times and temperatures are restored to the factory default setting.*

# INITIAL SETUP

## Clean before use

1. Wash the inner cooking pot with hot water and soap. Rinse and use a soft cloth to dry the outside. Or you can wash the inner cooking pot in the dishwasher.
2. Wipe the heating element inside the cooker base with a soft cloth to ensure there are no stray packaging particles.

## Setting up the condensation collector

The condensation collector sits at the back of the cooker base and accumulates overflow moisture from the condensation rim. It should be installed before cooking, then emptied and rinsed out after each use.

### Remove the condensation collector

- Pull the condensation collector away from the cooker base; **do not** pull down.

*Note the tabs on the cooker base and the grooves on the condensation collector.*

### Install the condensation collector

- Align the grooves on the condensation collector with the tabs on the back of the cooker base and slide the condensation collector into place.

## Using the Sealing Ring

When the pressure cooking lid is closed, the sealing ring installed on the underside of the lid creates an air-tight seal between the lid and the cooker base.

- The sealing ring must be installed before using the cooker and should be cleaned after each use.
- Install 1 sealing ring at a time; use one for sweet dishes and one for savory.
- Sealing rings stretch over time with normal use. To keep your product safe, replace the sealing ring every 12 to 18 months. Replace sooner if you notice stretching, deformation, or damage.

## Install the Sealing Ring

1. Place the sealing ring over the sealing ring rack and press it into place. Press down firmly to ensure there is no puckering.
2. The sealing ring should be snug and should not fall out when the lid is turned over.

## Remove the Sealing Ring

1. Grip the edge of the sealing ring and pull it out from behind the sealing ring rack.
2. Inspect the rack to ensure it is secured, centered, and an even height all the way around the lid. If the sealing ring rack is deformed, **do not** try to repair it.

## Plug in cord (3QT and 6QT models)

When you're ready to use your Instant Pot Duo, plug the electrical cord into the power socket on the back of the unit.

*Note: the 8QT model has an electrical cord that is always connected to the unit.*

## Test run

Setting up your new Instant Pot Duo for a test run is a great way to familiarize yourself with how the unit works before you actually cook a meal.

### To perform a test run:

1. Follow the instructions for pressure cooking on page 15 using the Steam Smart Program.
2. Add water (but no food) as shown in 'Using liquid to create steam' on page 16.
3. Set the cooking time to 5 minutes.
4. After the cooking session is done, discard any remaining water.
5. Wash and dry the inner cooking pot.

*Now you're ready to cook a meal in your Instant Pot Duo!*



# PRESSURE COOK

Pressure cooking uses pressurized steam to quickly and evenly cook foods.

## How to pressure cook

### Prep

Cut, chop, season or marinate your ingredients according to your recipe.

### Preheat

1. Place the inner cooking pot into the cooker base.
2. Add ingredients to the inner cooking pot.
3. Place the lid on top of the cooker base and lock the lid.  
*See 'How to lock the lid' below.*
4. Select a Smart Program for cooking by pressing the button on the control panel.  
*See 'About pressure cooking programs' above.*
5. Press the Smart Program again to toggle between time options: **Less**, **Normal** or **More**.
6. If you want to increase or decrease the cooking time exactly, press **+** or **-**.
7. Press **Pressure Level** to toggle between pressure options: **High** or **Low**.
8. Keep Warm setting is ON by default. Press **Keep Warm** again to turn it off.
9. After 10 seconds, the display shows **On** and the Instant Pot Duo is building pressure.

*It can take up to 30 minutes to reach the pressure setting for cooking. Frozen foods increase the preheating time.*

*The pressure level and time you choose will be the new settings the next time you use that Smart Program.*

## Cook

1. When the pressure is ready, your Instant Pot Duo will beep once and start cooking.
2. The cooking timer starts counting down.
3. When the timer reaches 00:00, the cooker will beep 5 times and cooking will stop.

*You can press Cancel to stop a Smart Program at any time.*

## Release steam

Choose from the steam release method that works for your recipe.

*See 'How to release steam' below for full details*

## Using liquid to create steam

Pressure cooking requires liquid in the inner cooking pot to produce the steam needed. Depending on the size of your Instant Pot Duo, here are the minimum amounts you'll need:



Instant Pot Size	Minimum Liquid for Pressure Cooking*
3 Quarts / 2.8 Litres	1 cup (8 oz / 250 mL)
6 Quarts / 5.7 Litres	1 1/2 cups (12 oz / 375 mL)
8 Quarts / 7.6 Litres	2 cups (16 oz / 500 mL)

*\*Unless otherwise specified in recipe.*

*Pressure cooking liquids should be water-based, such as broth, stock, soup or juice. If using canned, condensed, or cream-based soup, add water as directed above.*

## How to lock the lid

For pressure cooking, the lid must be securely locked into place to prevent steam from escaping. When you place the lid on the cooker base:

1. Line up ▲ on lid with  on the cooker base.
2. Turn lid clockwise until ▲ on lid lines up with  on cooker base.

## How to release steam

Instant Pot Duo can release steam in 2 different ways. Use the one that best fits the type of food you're cooking.

### Natural steam release

Releases steam gradually over time (up to 40 minutes or more) after cooking stops.

Use for: Foods that can simmer, like stews, chili, pasta, oatmeal, beans and grains.

1. After cooking, leave steam release switch in **Sealing** position until all pressure is released.
2. Float valve drops into lid when all steam is released.
3. After steam release, turn lid counterclockwise and remove the lid.

### Quick steam release

Quickly releases steam after you press the steam release switch.

Use for: Foods that tend to overcook, like vegetables and seafood.

1. After cooking, set steam release switch to **Venting** position and wait for all pressure to release.
2. Float valve drops into lid when all steam is released.
3. After steam release, turn lid counterclockwise and remove the lid.

## ⚠ Pressure Cooking Caution

This appliance uses pressure to cook. Allow the appliance to release all excess pressure and steam before opening the lid. Opening the lid before pressure is released may result in burns, personal injury and/or property damage. Read more in the Safety, Maintenance and Warranty document.

## Pressure Cooking Smart Programs

These Smart Programs are designed to pressure cook specific types of food. You can adjust the settings as your recipe directs.

### Soup/Broth

<b>Pressure</b>	Low / High		
<b>Setting</b>	Less	Normal	More
<b>Cooking Time</b>	20 minutes (00:20)	35 minutes (00:35)	4 hours (04:00)
<b>Best for</b>	Soup without meat	Soup with meat	Bone broth / High fat content

#### Tip

*The soup/broth remains clear due to a lack of boiling motion.*

*Use **Natural Release** for soups with a higher starch content.*

### Meat/Stew

<b>Pressure</b>	Low / High		
<b>Setting</b>	Less	Normal	More
<b>Cooking Time</b>	20 minutes (00:20)	35 minutes (00:35)	45 minutes (00:45)
<b>Best for</b>	Softer texture	Very soft texture	Fall-off-the-bone texture

#### Tip

*Allow meat to rest for 5-30 minutes after cooking to retain juices.*

## Beans/Chili

Pressure	Low / High		
Setting	Less	Normal	More
Cooking Time	25 minutes (00:25)	30 minutes (00:30)	40 minutes (00:40)
Best for	Firmer texture	Soft Texture	Very soft texture

### Tips

Choose setting based on desired bean texture or adjust the cook time manually.

When cooking beans or legumes, always use **Natural Release** method.

Make sure dry beans are completely submerged in water.

## Poultry

Pressure	Low / High		
Setting	Less	Normal	More
Cooking Time	5 minutes (00:05)	15 minutes (00:15)	30 minutes (00:30)
Best for	Softer texture	Very soft texture	Fall-off-the-bone texture

### Tip

Allow meat to rest for 5-30 minutes depending on size. It will retain cooking juices for tender, succulent meat.

## Rice

Pressure	Low / High		
Setting	Less	Normal	More
Cooking Time (Auto)	8 minutes (00:08)	12 minutes (00:12)	15 minutes (00:15)
Best for	Al-dente / White Rice	Normal texture / White Rice	Softer texture / White Rice

### Tip

The Instant Pot Duo automatically adjusts cooking time depending on volume of rice; display will show Auto. You can adjust cooking time and setting to achieve desired texture.

Use a 10-minute timed steam release for fluffy rice.

## Multigrain

<b>Pressure</b>	Low / High		
<b>Setting</b>	Less	Normal	More
<b>Cooking Time</b>	20 minutes (00:20)	40 minutes (00:40)	1 hour +45 minutes soaking (01:45)
<b>Best for</b>	Al dente / Brown rice	Brown or wild rice	Tough grains or a mixture of grains and beans

### Tip

*The More setting will add an additional 45 minutes for soaking grains/beans with 60 minutes of pressure cooking.*

## Porridge

<b>Pressure</b>	Low / High		
<b>Setting</b>	Less	Normal	More
<b>Cooking Time</b>	5 minutes (00:05)	20 minutes (00:20)	30 minutes (00:30)
<b>Best for</b>	Oatmeal: steel cut or rolled	Pudding, porridge, or congee	Porridge or congee with a mixture of various grains

### Tips

*Adjust cooking time as recipe directs.*

*Use Natural Steam Release when cooking foods that expand.*

## Steam

<b>Pressure</b>	Low / High		
<b>Setting</b>	Less	Normal	More
<b>Cooking Time</b>	3 minutes (00:03)	10 minutes (00:10)	15 minutes (00:15)
<b>Best for</b>	Vegetables	Fish and seafood	Meat

### Tips

*Use the provided steam rack to elevate food above cooking liquid.*

*Use Quick Steam Release to avoid overcooking food.*

## SAUTÉ

Use Sauté in place of a frying or saucepan. Sautéing can deepen the flavors of your food, or can simmer, thicken or reduce sauces.

Choose from these settings in the Sauté Smart Program:

<b>Setting</b>	More 170 F / 77 C	Normal 154 F / 68 C	Less 143 F / 62 C
<b>Cooking time</b>	30 minutes (00:30)	30 minutes (00:30)	30 minutes (00:30)
<b>Best for</b>	Simmering, thickening, and reducing liquids	Pan-searing or sautéing	Stir-frying or browning meat

### How to sauté

#### Prep

Cut, chop, season or marinate your ingredients according to your recipe.

#### Preheat

1. Place the inner cooking pot into the cooker base.
2. Press Sauté.
3. Cycle through temperature presets to select **Less**, **Normal**, or **More**.
4. Press - / + to adjust cooking time.
5. After 10 seconds, the cooker beeps 3 times and the Display shows **ON**.

#### Cook

1. When display shows **Hot**, add ingredients. Only use High Heat oils to Sauté in the pressure cooker.
2. When timer ends, the cooker beeps 10 times and the display shows **End**.
3. Press **Cancel** if you want to finish cooking before timer runs out.

## Deglazing

Deglazing is the process of adding a liquid to a hot pan, releasing all of the delicious, caramelized pieces stuck to the bottom.

1. Remove food from inner cooking pot.
2. Add water, broth, or wine.
3. Use wooden spoon or silicone spatula to loosen food stuck to bottom of the inner cooking pot.

## Sautéing before Pressure or Slow Cooking

Quite often, you'll want to sauté foods to brown them before further cooking them.

1. Sauté ingredients.
2. Press **Cancel**.

*You can deglaze the inner cooking pot now before switching to **Pressure Cook** or **Slow Cook** (see **Deglazing Inner Pot**)*

3. Select from the Smart Program.



## SLOW COOK

Slow Cook lets you make your favorite simmering and stewing recipes – just like grandma used to make. This program does not use pressure to cook food. Make sure steam release is set to **Venting** or use a glass lid with a venting hole.

Choose from these settings in the Slow Cook Smart Program:

Setting	Less	Normal	More
Best for	'Low and Slow' cooking	Medium setting equivalent on traditional slow cookers	High setting equivalent on traditional slow cookers
Cooking Time	8 hours (08:00)	6 hours (06:00)	4 hours (04:00)

### How to slow cook

#### Prep

Cut, chop, season or marinate your ingredients according to your recipe.

#### Cook

1. Place the inner cooking pot into the cooker base.
2. Add ingredients to the inner cooking pot.
3. Place lid on top of the cooker base and lock the lid.
4. Press **Slow Cook**.
5. Cycle through temperature presets to select **Less**, **Normal**, or **More**.
6. Press - / + to adjust cooking time.
7. Keep Warm setting is **On** by default. Press **Keep Warm** again to turn it off.
8. After 10 seconds, the display shows **On** and displays timer.

#### Keep Warm

When cooking completes, the display shows **End** if **Keep Warm** is turned off. If not, the timer begins counting from **00:00** up to 10 hours (**10:00**).

# YOGURT MAKING

You can use your Instant Pot Duo to easily make delicious, fermented dairy and non-dairy yogurt.

Choose from these settings in the Yogurt Smart Program:

Setting	Less	Normal	More
<b>Cooking Time</b>	24 hours (24:00)	8 hours* (08:00)	Not adjustable
<b>Best for</b>	For lower temperature fermentation or Jiu Niang, a sweet, fermented rice dessert	Use for fermenting milk	Use for pasteurizing milk

\* You can adjust time from 30 to 99 minutes.

## How to make yogurt

### Pasteurizing Milk

1. Insert inner pot into the cooker base.
2. Add unpasteurized milk to the inner pot.
3. Place and close lid.
4. Press **Yogurt**.
5. Press **Yogurt** again to cycle through **Less**, **Normal**, **More**.
6. After 10 seconds, display shows **boiL**.
7. When pasteurization finishes, display shows **End**.

*Note: Milk must reach a minimum of 161°F / 72°C for pasteurization to occur.*

### Adding Culture/Starter

1. Allow pasteurized milk to cool to 43°C / 110°F.
2. Add a starter culture to the milk according to package instructions.

*If using plain yogurt as a starter, ensure that it contains an active culture. Mix in 2 tbsp (30 mL) of yogurt per 1 gallon (3.7 L) of milk or follow a trusted recipe.*

3. Place and close lid.

## Ferment

1. Press **Yogurt**.
2. Cycle to Normal by pressing **Yogurt** again; display shows 8 hours (08:00).
3. Use - / + buttons to adjust the fermentation time if needed.
4. After 10 seconds the cooker begins heating; display shows timer counting up to set time from 00:00.
5. When fermentation completes, the cooker beeps and display shows **End**.

*A longer fermentation period will produce tangier yogurt.*

6. Allow yogurt to cool.
7. Place in fridge for 12-24 hours to develop flavors.

## How much to make?

Instant Pot Size	Minimum Milk Volume	Maximum Milk Volume
3 Quarts / 2.8 Liters	2 Cups (16 oz / 500 mL)	2 Quarts (64 oz / 1.9 L)
6 Quarts / 5.7 Liters	4 Cups (32 oz / 1000 mL)	4 Quarts (128 oz / 3.8 L)
8 Quarts / 7.6 Liters	6 Cups (48 oz / 1500 mL)	6 Quarts (192 oz / 5.7 L)

## KEEP WARM

The Keep Warm setting turns on automatically after cooking on all Smart Programs except Sauté and Yogurt. You can also use Keep Warm to reheat food.

### Keep warm after cooking

1. When automatic warming begins, the timer shows the time passed, up to 10 hours.
2. To turn automatic warming off (either during cooking or during automatic warming), press **Keep Warm** and the light above the button turns off.

### Reheat and keep warm

1. When in Standby mode, press **Keep Warm**.
2. Press again to cycle through **Less**, **Normal** and **More** temperature levels.
3. Press the - / + buttons to set a timer for up to 10 hours.

## CLEANING

Clean your Instant Pot Duo after each use. Always unplug the unit and let all parts cool to room temperature before cleaning. Before use or storing, make sure all surfaces are dry.

Part	Cleaning instructions
Accessories <ul style="list-style-type: none"><li>• Steam Rack</li><li>• Condensation Collector</li></ul>	<ul style="list-style-type: none"><li>• Wash after each use.</li><li>• Hand wash with hot water and mild dish soap or wash in dishwasher, top rack.</li><li>• Never use harsh chemical detergents, powders or scouring pads on accessories.</li><li>• Empty and rinse condensation collector after each use.</li></ul>
Lid and Parts <ul style="list-style-type: none"><li>• Anti-Block Shield</li><li>• Sealing Ring</li><li>• Steam Release Valve</li><li>• Float Valve</li><li>• Silicone Cap</li></ul>	<ul style="list-style-type: none"><li>• Hand wash with hot water and mild dish soap or wash in dishwasher, top rack.</li><li>• Remove all small parts from lid before washing.</li><li>• With steam release valve and anti-block shield removed, clean interior of steam release pipe to prevent clogging.</li><li>• To drain water from the lid after dishwashing, grasp the lid handle and hold the lid vertically over a sink, then turn it all the way around.</li><li>• After cleaning, store the lid upside down on the cooker base.</li><li>• Store sealing rings in a well-ventilated area to disperse odor.</li><li>• To eliminate odors from sealing ring, add 1 cup (8 oz / 250 mL) water and 1 cup (8 oz / 250 mL) white vinegar to inner cooking pot, and run Pressure Cook for 5-10 minutes, then use Quick Steam Release.</li></ul>
Inner Cooking Pot	<ul style="list-style-type: none"><li>• Wash after each use.</li><li>• Hand wash with hot water and mild dish soap or wash in dishwasher.</li><li>• Hard water stains may need a vinegar-dampened sponge and scrubbing to remove.</li><li>• For tough or burned food residue, soak in hot water for a few hours before cleaning.</li><li>• Dry all exterior surfaces before placing in cooker base.</li></ul>

Part	Cleaning instructions
Power cord	<ul style="list-style-type: none"><li>• Use a barely-damp cloth to wipe any particles off cord.</li></ul>
Cooker base	<ul style="list-style-type: none"><li>• Wipe the inside of the cooker base as well as the condensation rim with a barely-damp cloth, and allow to air dry.</li><li>• Clean the outside of the cooker base and the control panel with a soft, barely-damp cloth or sponge.</li></ul>

*Some discoloration may occur after machine washing, but this will not affect the cooker's safety or performance.*

## TROUBLESHOOTING

Problem	Cause	Solution
Difficulty closing lid	Sealing ring not properly installed.	Reposition sealing ring, ensure it is snug behind sealing ring rack.
	Contents in cooker are still hot.	Set Steam Release switch to Vent, then lower lid onto cooker base.
When opening cooker, the inner pot is stuck to lid	Cooling of inner cooking pot may create suction, causing inner pot to adhere to the lid.	Carefully lower the inner cooking pot back into the cooker base and release the vacuum by setting the Steam Release switch to Vent.
Steam leaks from side of lid	No sealing ring in lid.	Install sealing ring.
	Sealing ring damaged or not properly installed.	Replace sealing ring.
	Food debris attached to sealing ring.	Remove sealing ring and clean thoroughly.
	Lid not closed properly	Open, then close lid.
	Sealing ring rack is warped or off-center.	Remove sealing ring from lid, check sealing ring rack for bends or warps. Contact Consumer Care.
	Inner cooking pot rim may be misshapen.	If inner cooking pot is deformed, replace the pot. DO NOT USE. Contact Consumer Care.
Minor steam leaking/hissing from steam release vent during cooking cycle		This is normal; no action required.
Steam gushes from steam release vent when Steam Release switch is in Seal position	Pressure sensor control failure.	Contact Consumer Care.
	Internal Steam Release valve not seated properly	Move the Steam Release switch quickly to Vent then back to Seal to ensure the Steam Release valve is seated correctly.
Display remains blank after connecting the power cord	Bad power connection or no power.	Inspect power cord for damage. If damage is noticed, contact Consumer Care.
	Check outlet to ensure it is powered.	

<b>Problem</b>	<b>Cause</b>	<b>Solution</b>
Occasional clicking or light cracking sound	Cooker's electrical fuse has blown.	Contact Consumer Care.
	Bottom of the cooking pot is wet.	Wipe exterior surfaces of cooking pot. Ensure heating element is dry before inserting cooking pot into multi-cooker base.
Error code appears on display and multi-cooker beeps continuously	There is an issue with the multi-cooker.	Read "Error Codes" for instructions.



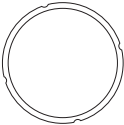



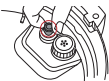


## ERROR CODES


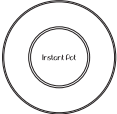



If the control panel shows an error code from this list, there is an issue with the Instant Pot Duo. Here are the actions you should take to fix the problem.

Problem	Cause	Solution
C1 C2 C6	Faulty sensor.	Contact Consumer Care.
C7 or NoPr	Heat element has failed.	Contact Consumer Care.
	Not enough liquid.	Add thin, water-based liquid to the cooking pot: 1 1/2 cups (12 oz / 375 mL)
Lid	Lid is not in the correct position for the selected program.	Open and close the lid. Do not use a lid when using Sauté.
Food burn	High temperature detected at bottom of cooking pot; multi-cooker automatically reduces temperature to avoid overheating.	Starch deposits at the bottom of the cooking pot may have blocked heat dissipation. Turn the multi-cooker off, release pressure according to the recipe, and inspect the bottom of the cooking pot.
PrSE	Pressure has accumulated during a non-pressure cooking program.	Set Steam Release switch to Vent.

## REPLACEMENT PARTS

We offer genuine replacement parts for your Instant Pot Duo, if you need them. Visit [www.instanthome.com](http://www.instanthome.com) to order.

	Part	Part number
	Sealing Ring	3QT: 211-0010-01 6QT: 211-0001-01 8QT: 211-0008-01
	SS Inner Pot	3QT: 212-0001-01 6QT: 212-0401-01 8QT: 212-0601-01
	Ceramic coated AL Inner pot	3QT: 212-0002-01 6QT: 212-0402-01 8QT: 212-0602-01
	Float Valve	3QT: 310-0009-01 6QT: 310-0009-01 8QT: 310-0007-01V (includes cap)
	Silicone Float Valve Cap	3QT: 310-0049-01 6QT: 310-0049-01 8QT: n/a
	Steam Release Valve	3QT: 310-0004-01 6QT: 310-0004-01 8QT: 310-0004-01
	Anti Block Shield	3QT: 310-0006-01 6QT: 310-0006-01 8QT: 310-0006-01

	Part	Part number
	Glass Lid	3QT: 213-0001-01 6QT: 213-0201-01 8QT: 213-0301-01
	Silicone Lid	3QT: 213-0002-01 6QT: 213-0202-01 8QT: 213-0302-01
	Steam Rack - metal	3QT: 210-0002-01 6QT: n/a 8QT: 210-0041-01
	Steam Rack - silicone	3QT: n/a 6QT: 210-0008-01 8QT: n/a
	Condensation Collector Cup	3QT: 310-0003-01 6QT: 310-0001-01. 8QT: n/a
	User Manual	3QT: 399-1235-03US 6QT: 399-1235-03US 8QT: 399-1235-03US

## LEARN MORE

There's a whole world of Instant cooking information and help just waiting for you. Here are some of the most helpful resources.

### Register your product

[Instanthome.com/register](https://instanthome.com/register)

### Contact Consumer Care

In the Instant Brands Connect App  
[Instanthome.com/customer-care-center](https://instanthome.com/customer-care-center)  
[support@instanthome.com](mailto:support@instanthome.com)

### Instant Brands Connect™ App with 2000+ recipes

[Instanthome.com](https://instanthome.com)  
iOS and Android app stores

### Cooking charts and more recipes

[instanthome.com](https://instanthome.com)

### How-to videos, tips and more

[Instanthome.com](https://instanthome.com)

### Replacement parts and accessories

[Instanthome.com](https://instanthome.com)

### Join the community



### Product specifications

Model	Volume	Wattage	Power	Weight	Dimensions
Duo Mini v5	3 Quart 2.8 Litres	700 watts	120V/ 60 Hz	3.9 kg 8.6 lbs.	in: 11.4 L x 10 W x 11.2 H cm: 29 L x 25.5 W x 28.5 H
Duo 60 v5	6 Quart 5.7 Litres	1000 watts	120V/ 60 Hz	5.35 kg 11.8 lbs.	in: 13.4 L x 12.2 W x 12.5 H cm: 34 L x 31 W x 31.7 H
Duo 80 v5	8 Quart 7.6 Litres	1200 watts	120V/ 60 Hz	7.16 kg 15.79 lbs.	in: 14.8 L x 13.3 W x 14.2 H cm: 37.6 L x 33.8 W x 36.1 H

# WARRANTY

## One (1) Year Limited Warranty

This One (1) Year Limited Warranty applies to purchases made from authorized retailers of Instant Brands LLC ("Instant Brands") by the original appliance owner and is not transferable. Proof of original purchase date and, if requested by Instant Brands, return of your appliance, is required to obtain service under this Limited Warranty. Provided the appliance was used in accordance with the use & care instructions, Instant Brands will, in its sole and exclusive discretion, either: (i) repair defects in materials or workmanship; or (ii) replace the appliance. In the event that your appliance is replaced, the Limited Warranty on the replacement appliance will expire twelve (12) months from the date of receipt. Failure to register your product will not reduce your warranty rights. The liability of Instant Brands, if any, for any allegedly defective appliance or part will not exceed the purchase price of a comparable replacement appliance.

## What is not covered by this warranty?

- Products purchased, used, or operated outside of the United States and Canada.
- Products that have been modified or attempted to be modified.
- Damage resulting from accident, alteration, misuse, abuse, neglect, unreasonable use, use contrary to the operating instructions, normal wear and tear, commercial use, improper assembly, disassembly, failure to provide reasonable and necessary maintenance, fire, flood, acts of God, or repair by anyone unless directed by an Instant Brands representative.
- Use of unauthorized parts and accessories.
- Incidental and consequential damages.
- The cost of repair or replacement under these excluded circumstances.

EXCEPT AS EXPRESSLY PROVIDED HEREIN AND TO THE EXTENT PERMITTED BY APPLICABLE LAW, INSTANT BRANDS MAKES NO WARRANTIES, CONDITIONS OR REPRESENTATIONS, EXPRESS OR IMPLIED, BY STATUTE, USAGE, CUSTOM OF TRADE OR OTHERWISE WITH RESPECT TO THE APPLIANCES OR PARTS COVERED BY THIS WARRANTY, INCLUDING BUT NOT LIMITED TO, WARRANTIES, CONDITIONS, OR REPRESENTATIONS OF WORKMANSHIP, MERCHANTABILITY, MERCHANTABILITY, FITNESS FOR A PARTICULAR PURPOSE OR DURABILITY.

Some states or provinces do not allow for: (1) the exclusion of implied warranties of merchantability or fitness; (2) limitations on how long an implied warranty lasts; and/or (3) the exclusion or limitation of incidental or consequential damages; so these limitations may not apply to you. In these states and provinces, you have only the implied warranties that are expressly required to be provided in accordance with applicable law. The limitations of warranties, liability, and remedies apply to the maximum extent permitted by law. This limited warranty gives you specific legal rights, and you may also have other rights which vary from state to state or province to province.

## Product Registration

Please visit [www.instanthome.com/register](http://www.instanthome.com/register) to register your new Instant Brands appliance. Failure to register your product will not diminish your warranty rights. You will be asked to provide the store name, date of purchase, model number (found on the back of your appliance) and serial number (found on the bottom of your appliance) along with your name and email address. The registration will enable us to keep you up to date with product developments and recipes, and contact you in the unlikely event of a product safety notification. By registering, you acknowledge that you have read and understand the instructions for use, and warnings set forth in the accompanying instructions.

## Warranty Service

To obtain warranty service, please contact our Consumer Care Department by email to [support@instanthome.com](mailto:support@instanthome.com). You can also create a support ticket online at [www.instanthome.com](http://www.instanthome.com). If we are unable to resolve the problem, you may be asked to send your appliance to the Service Department for quality inspection. Instant Brands is not responsible for shipping costs related to warranty service. When returning your appliance, please include your name, mailing address, email address, phone number, and proof of the original purchase date as well as a description of the problem you are encountering with the appliance.



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