

# NINJA®

## SS101

Series • Série • Serie

**OWNER'S GUIDE  
GUIDE DE L'UTILISATEUR  
MANUAL DEL PROPIETARIO**

## FOODI™ POWER NUTRI™ DUO®



ninjakitchen.com

THANK YOU FOR PURCHASING  
The Ninja® Foodi™ Power Nutri™ Duo®



REGISTER YOUR PURCHASE

- registeryourninja.com
- 1-877-646-5288
- Scan QR code using mobile device

RECORD THIS INFORMATION

Model Number: \_\_\_\_\_

Serial Number: \_\_\_\_\_

Date of Purchase: \_\_\_\_\_  
(Keep receipt)

Store of Purchase: \_\_\_\_\_

TECHNICAL SPECIFICATIONS

Voltage: 120V ~60Hz  
Power: 1100 Watts

PLEASE READ CAREFULLY AND  
KEEP FOR FUTURE REFERENCE.

**TIP:** You can find the model and serial numbers on the QR code label on the back of the unit by the power cord.

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# IMPORTANT SAFEGUARDS

HOUSEHOLD USE ONLY • READ ALL INSTRUCTIONS BEFORE USE

	<b>Read and review instructions for operation and use.</b>
	<b>Indicates the presence of a hazard that can cause personal injury, death or substantial property damage if the warning included with this symbol is ignored.</b>
	<b>For indoor and household use only.</b>
<b>When using electrical appliances, basic safety precautions should always be followed, including the following:</b>	

## ⚠ WARNING

To reduce the risk of fire, electric shock, serious injury, death, or damage when using this appliance, follow these basic safety precautions.

### General Precautions

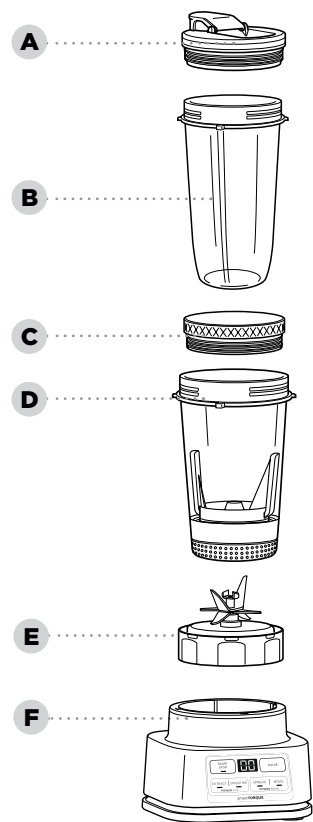
- 1 Read all instructions prior to using the appliance and its accessories.
- 2 Carefully observe and follow all warnings and instructions. This unit contains electrical connections and moving parts that potentially present risk to the user.
- 3 **ALWAYS** exercise care when handling the Hybrid Edge™ Blades Assembly. The blades are sharp, handle carefully. **ONLY** grasp the Hybrid Edge Blades Assembly by the outer perimeter of the blade assembly base. Failure to use care when handling the blade assembly will result in a risk of laceration.
- 4 Take your time and exercise care during unpacking and appliance setup. This appliance contains sharp, loose blades that can cause injury if mishandled.
- 5 Take inventory of all contents to ensure you have all parts needed to properly and safely operate your appliance.
- 6 Blades are sharp. Handle carefully.
- 7 Unplug the appliance from the outlet when not in use, before assembling or disassembling parts, and before cleaning. To unplug, grasp the plug by the body and pull from the outlet. **NEVER** unplug by grasping and pulling the flexible cord.
- 8 Before use, wash all parts that may contact food. Follow washing instructions covered in this instruction manual.
- 9 To protect against the risk of electric shock, **DO NOT** submerge the appliance or allow the power cord to contact any form of liquid.
- 10 **DO NOT** use this appliance outdoors. It is designed for indoor household use only.
- 11 This appliance has important markings on the plug blade. The attachment plug or entire cordset (if plug is molded onto cord) is not suitable for replacement. If damaged, the appliance shall be replaced.
- 12 This appliance has a polarized plug (one prong is wider than the other). To reduce the risk of electric shock, this plug will fit in a polarized outlet only one way. If the plug does not fit fully in the outlet, reverse the plug. If it still does not fit, contact a qualified electrician. **DO NOT** modify the plug in any way.
- 13 **DO NOT** operate any appliance with a damaged cord or plug, or after the appliance malfunctions or is dropped or damaged in any manner. This appliance has no user-serviceable parts. If damaged, contact SharkNinja for servicing.
- 14 Extension cords should **NOT** be used with this appliance.
- 15 **DO NOT** allow children to operate this appliance or use as a toy. Close supervision is necessary when any appliance is used near children.
- 16 This appliance is **NOT** intended to be used by people with reduced physical, sensory, or mental capabilities, or lack of experience and knowledge, unless they have been given supervision or instruction concerning use of the appliance by a person responsible for their safety.

- 17 Before each use, inspect blade assembly for damage. If a blade is bent or damage is suspected, contact SharkNinja to arrange for replacement.
- 18 **DO NOT** attempt to sharpen blades.
- 19 **DO NOT** allow the unit or the cord to hang over the edges of tables or counters. The cord may become snagged and pull the appliance off the work surface.
- 20 **DO NOT** allow any part of the unit to contact hot surfaces, including stoves and other heating appliances.
- 21 **ALWAYS** use the appliance on a dry and level surface.
- 22 **NEVER** place a blade assembly on the motor base without it first being attached to the cup.
- 23 Keep hands, hair, and clothing out of the container when loading and operating
- 24 **ONLY** use attachments and accessories that are provided with the product or are recommended by SharkNinja. The use of attachments not recommended or sold by SharkNinja may cause fire, electric shock, or injury.
- 25 During operation and handling of the appliance, avoid contact with moving parts.
- 26 **DO NOT** operate the appliance with an empty container.
- 27 **DO NOT** fill containers past the **MAX FILL** or **MAX LIQUID** lines.
- 28 **DO NOT** microwave any containers or accessories provided with the appliance.
- 29 **DO NOT** perform grinding operations.
- 30 Before operation, ensure all utensils are removed from containers. Failure to remove utensils can cause containers to shatter and potentially result in personal injury and property damage.
- 31 **NEVER** operate the appliance without lids and caps in place. **DO NOT** attempt to defeat the interlock mechanism. Ensure the container and lid are properly installed before operation.
- 32 **DO NOT** expose the containers and accessories to extreme temperature changes. They may experience damage.
- 33 **NEVER** leave the appliance unattended while in use.
- 34 **DO NOT** blend hot liquids. Doing so may result in pressure buildup and steam exposure that can pose a risk of the user being burned.
- 35 If you find unmixed ingredients sticking to the sides of the cup, stop the appliance, remove the blade assembly, and use a scraper to dislodge ingredients.
- 36 **DO NOT** attempt to remove the container and lids from the motor base while the blade assembly is still spinning. Allow the appliance to come to a complete stop before removing lid and container.
- 37 Remove the Hybrid Edge™ Blades Assembly from the Power Nutri™ Cup or Power Nutri Bowl upon completion of blending. **DO NOT** store ingredients before or after blending them in the cup with the blade assembly attached. Some foods may contain active ingredients or release gases that will expand if left in a sealed container, resulting in excessive pressure buildup that can pose a risk of injury. For ingredient storage in the cup, use only Spout Lid to cover. For ingredient storage in the bowl, use only Spout Lid or Storage Lid.
- 38 If the appliance overheats, a thermal switch will activate and temporarily disable the motor. To reset, unplug the appliance and allow it to cool for approximately 15 minutes before using again.
- 39 The maximum wattage rating for this appliance is based on the configuration of the Hybrid Edge Blades Assembly and Power Nutri Cup. Other configurations may draw less power or current.
- 40 **DO NOT** process dry ingredients without adding liquid to the Power Nutri Cup or Power Nutri Bowl. They are not intended for dry blending.
- 41 To protect against risk of electrical shock, **DO NOT** immerse the motor base in water or other liquid. Unplug the motor base before cleaning.

## SAVE THESE INSTRUCTIONS

## PARTS

- A** Spout Lid
- B** 24 oz. Power Nutri™ Cup
- C** Storage Lid
- D** 14 oz. Power Nutri Bowl
- E** Hybrid Edge™ Blades Assembly
- F** Motor Base  
(attached power cord not shown)



**NOTE:** The Hybrid Edge Blades Assembly is not compatible with other Ninja products.

**NOTE:** Number of cups, bowls and lids vary by model.

## BEFORE FIRST USE

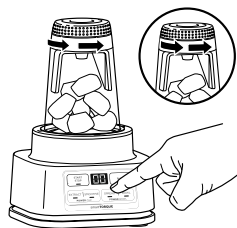
**IMPORTANT:** Review all warnings on pages 4-5 before proceeding.

**NOTE:** Handle the Hybrid Edge Blades Assembly by grasping around the perimeter of the blade assembly base.

**NOTE:** All attachments are BPA free and dishwasher safe. It is recommended that the containers, lids, and blade assembly be placed on the top rack of the dishwasher. Ensure blade assembly and lid are removed from the container before placing in the dishwasher. Exercise care when handling blade assembly.

- 1** Remove all packaging materials from the unit. Exercise care when unpacking blade assembly, as the blades are sharp.
- 2** Wash containers, lids, and blade assembly in warm, soapy water using a dishwashing utensil with a handle to avoid direct contact with the blades. Exercise care when handling blade assembly, as the blades are sharp.
- 3** Thoroughly rinse and air-dry all parts.

## GETTING TO KNOW THE POWER NUTRI BOWL



Powering through tough and frozen ingredients used to require a lot of stopping, scraping, and recipe tinkering. But now, it's easier than ever to create thick and spoonable smoothie bowls, nut butters, and more. All you have to do is twist the Power Paddle while blending to push ingredients down toward the blade. It's like having a built-in tamper.

# USING THE CONTROL PANEL

## AUTO-IQ® PROGRAMS

Intelligent preset programs combine unique blending and pausing patterns that do the work for you. Once a preset program is selected, it will start immediately and automatically stop when blending is complete. To stop blending before the end of the program, press the currently active button again.



## AUTO-IQ PROGRAMS:

### EXTRACT

Ideal for tough, leafy, or fibrous whole fruits and vegetables, including their skins, seeds, and stems.

### SMOOTHIE

Combine your favorite fresh or frozen ingredients, liquids, and powders to create smoothies and proteins shakes.

### SPREAD

Create anything from spreadable nut butters to zesty dressing to the perfect hummus.

### BOWL

Make thick, spoonable smoothie bowls, creamy frozen yogurt, and refreshing sorbets.

**NOTE:** For the best results when using the Power Nutri™ Bowl, use the Spoonable Auto-iQ Programs, BOWL and SPREAD.

## MANUAL PROGRAMS:

**NOTE:** Manual programs cannot be used in conjunction with any Auto-iQ programs.

### START/STOP

Press once to start continuous running up to 60 seconds; press again to stop. Can also be pressed to stop a running Auto-iQ program.

### PULSE

Offers greater control of pulsing and blending. Operates only when PULSE is pressed. Use short presses for short pulses and long presses for long pulses.

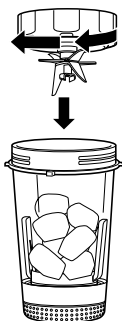
# USING THE POWER NUTRI™ BOWL

**IMPORTANT:** Review all warnings on pages 4-5 before proceeding.

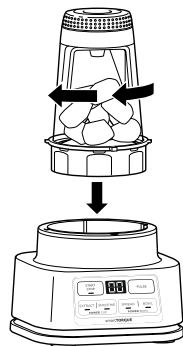
- 1 Plug in motor base and place on a clean, dry, level surface such as a countertop or table.



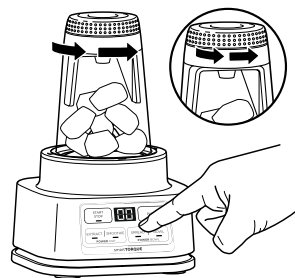
- 2 Add liquid then ingredients to the Power Nutri Bowl. **DO NOT** add liquid past the **LIQUID FILL** line or ingredients past the **MAX FILL** line.



- 3 Place the Hybrid Edge™ Blades Assembly on the top of the bowl and turn clockwise to seal.

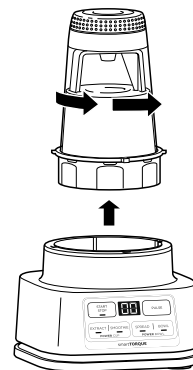


- 4 Turn the bowl upside down and install on motor base by aligning the tabs on the bowl with the slots on the base. Then, rotate bowl clockwise until it clicks. Once locked in place, the programs will illuminate and the unit will be ready for use.



**NOTE:** While processing, twist the Power Paddle *counterclockwise* continuously.

- 5a If using an Auto-iQ® program, select the program that best suits your desired output. During the blending process, twist the Power Paddle **counterclockwise** continuously. The preset feature will automatically stop at the end of the program. To stop the unit at any time, press the currently active program again.
- 5b If using START/STOP, once the ingredients have reached your desired consistency, press START/STOP again, and wait for the unit to come to a complete stop. During the blending process, make sure to twist the Power Paddle **counterclockwise** continuously.



- 6 Remove the bowl from the motor base by turning it counterclockwise and then lifting up.



- 7 Remove the blade assembly by twisting counterclockwise. **DO NOT** store blended contents with the blade assembly attached. Only use the Spout Lid or Storage Lid to cover. Exercise care when handling the blade assembly, as the blades are sharp.



- 8 To enjoy on the go, place the Spout Lid or Storage Lid onto the bowl and twist lid clockwise until firmly sealed.



- 9 Unplug the unit when finished. Refer to the Care & Maintenance section for cleaning and storage instructions.

# USING THE POWER NUTRI™ CUP

**IMPORTANT:** Review all warnings on pages 4–5 before proceeding.

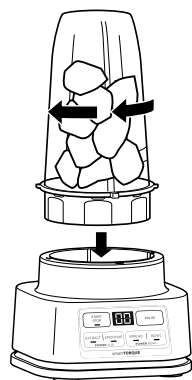
- 1 Plug in motor base and place on a clean, dry, level surface such as a countertop or table.



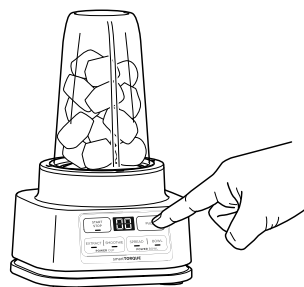
- 2 Add ingredients to the Power Nutri Cup. **DO NOT** add ingredients past the **MAX LIQUID** line.



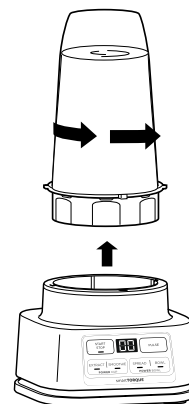
- 3 Place the Hybrid Edge™ Blades Assembly on the top of the cup and turn clockwise to seal.



- 4 Turn the cup upside down and install on the motor base by aligning the tabs on the cup with the slots on the base. Then, rotate cup clockwise until it clicks. Once locked in place, the programs will illuminate and the unit will be ready for use.



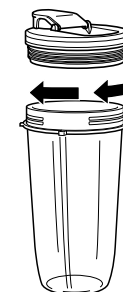
- 5a If using an Auto-iQ® program, select the program that best suits your desired output. The preset feature will automatically stop at the end of the program. To stop the unit at any time, press the currently active program again.
- 5b If using START/STOP, once the ingredients have reached your desired consistency, press START/STOP again, and wait for the unit to come to a complete stop.



- 6 Remove the cup from the motor base by turning it counterclockwise and then lifting up.



- 7 Remove the blade assembly by twisting counterclockwise. **DO NOT** store blended contents with the blade assembly attached. Only use the Spout Lid or Storage Lid to cover. Exercise care when handling the blade assembly, as the blades are sharp.



- 8 To enjoy on the go, place the Spout Lid or Storage Lid onto the cup and twist lid clockwise until firmly sealed.



- 9 Unplug the unit when finished. Refer to the Care & Maintenance section for cleaning and storage instructions.

## CARE & MAINTENANCE

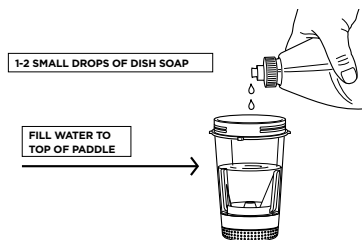
### CLEANING

#### Hand-Washing

Wash containers, lids, and blade assembly in warm, soapy water. Use a dishwashing utensil with handle to avoid direct contact with the blades. Exercise care when handling the blade assembly as the blades are sharp. Thoroughly rinse and air-dry all parts.

**NOTE:** The paddle in the Power Nutri™ Bowl is not removable.

#### STUCK-ON INGREDIENTS IN THE POWER NUTRI BOWL



For stuck-on ingredients, such as nut butter, rinse the bowl and blade assembly under warm water.

Next, fill the bowl with warm water up to the top of the paddle and add 1-2 small drops of dish soap.

Screw on the blade assembly and press BOWL. Twist the Power Paddle counterclockwise continuously while cleaning.

Then, empty contents and rinse under warm water and wipe with a dishwashing utensil, if needed.

#### Dishwasher

Containers, lids, and blade assembly are top-rack dishwasher safe **ONLY**. Ensure the blade assembly and lid are removed from the container before placing in the dishwasher.

#### Motor Base

Unplug the unit before cleaning. Wipe motor base with a clean, damp cloth.

### STORING

For cord storage, wrap cord with hook-and-loop fastener near the back of the motor base. **DO NOT** wrap the cord around the bottom of the base for storage.

**DO NOT** store blended or unblended ingredients in the cup or bowl with the blade assembly attached. Use only the spout lid or storage lid when storing blended or unblended ingredients in the containers.

**DO NOT** stack items on top of the containers. Store any remaining attachments alongside the unit or in a cabinet where they will not be damaged or create a hazard.

#### RESETTING THE MOTOR THERMOSTAT

This unit features a unique safety system that prevents damage to the motor and drive system should you inadvertently overload it. If the unit is overloaded, the motor will be temporarily disabled. Should this occur, follow the reset procedure below.

- 1 Unplug the unit from the electrical outlet.
- 2 Allow the unit to cool for approximately 15 minutes.
- 3 Remove the blade assembly from the container. Empty the container and ensure no ingredients are jamming the blade assembly.

**IMPORTANT:** Ensure that maximum capacities are not exceeded. This is the most typical cause of appliance overload.

If your unit needs servicing, call Customer Service at 1-877-646-5288. So we may better assist you, please register your product online at [registryourninja.com](http://registryourninja.com) and have the product on hand when you call.

## TROUBLESHOOTING GUIDE

**WARNING:** To reduce the risk of shock and unintended operation, unplug unit before troubleshooting.

#### Control panel does not illuminate.

- Make sure unit is plugged in. If the unit is powered on and no container is installed, the unit will display '- -'. The available programs will illuminate after placing a container on base and rotating it clockwise until it clicks into place.

#### Control panel doesn't turn off.

- Remove container from base by rotating it counterclockwise and lifting it up. The display will flash '- -'. Unplug the power cord from the outlet. If the unit remains plugged in, the display will time out after 3 minutes of inactivity. Press any button to wake the unit.

#### Doesn't mix well; ingredients get stuck.

- Using the Auto-iQ® programs is the easiest way to achieve great results. The pulses and pauses allow the ingredients to settle toward the blade assembly. If ingredients are routinely getting stuck, adding some liquid will usually help.
- When filling the cup, start with fresh fruit or veggies, then leafy greens or herbs. Next add liquids or yogurt, then seeds, powders, or nut butters. Finally, add ice or frozen ingredients.
- If using the Power Nutri™ Bowl, during the blending process twist the Power Paddle counterclockwise continuously to circulate ingredients.

#### Unit moves on counter while blending.

- Make sure the counter and feet of the unit are clean and dry.

#### Lid or Hybrid Edge™ Blades Assembly is hard to install on the container.

- Set the container on a level surface. Carefully place the lid or blade assembly on the top of the container and align the threads so the lid/blade assembly sits flat. Twist clockwise until you have a tight seal.

#### Can't remove the paddle from the Power Nutri Bowl.

- The paddle in the Power Nutri Bowl is not removable. For cleaning instructions, refer to the Care & Maintenance section.