

805P and 807P Elliptical Trainer Repair Manual



USA Version 2 Update: 09-01-04

805P and 807P Elliptical Trainer Repair Manual

This manual was made through the cooperation of SportsArt personnel in Taiwan and the USA. In making repair manuals, our goal is to present an accurate, easy-to-use guide for technicians in the field. We welcome your suggestions and comments.

To make suggestions or comments, please contact Bob Baumgartner. Thank you!

bob@sportsartamerica.com Tel: 866 709 1750 ext. 115

Fax: 425 488 8155

805P and 807P Elliptical Trainer Repair Manual

USA Version 2 Update: 09-01-04

Table of Contents

Introduction

INTRO.01 - Introduction to the 805P and 807P Elliptical Trainers; 805P and 807P Specifications

INTRO.02 - 805P and 807P Elliptical Trainers (Illustration)

INTRO.03 - 805P and 807P Elliptical Trainers – Front (Illustration)

INTRO.04 - 805P and 807P Elliptical Trainers – Components in Back (Illustration)

INTRO.05 - Display Functions and Windows (Illustration of 805P)

INTRO.06 - Programs (Illustration of 805P)

INTRO.07 - Program Introduction and Operation (Manual, Program)

INTRO.08 - Program Introduction and Operation, Cont. (INTVL Mode)

INTRO.09 - Program Introduction and Operation, Cont. (Heart Rate Control (HRC) Mode)

INTRO.10 - Program Introduction and Operation, Cont. (MODE Function)

INTRO.11 - Program Introduction and Operation, Cont. (STEP, STRIDE, LEVEL, RESET)

INTRO.12 - How to Switch from Metric (KPH) to American Standard (MPH); How to Input User Weight

How to Operate Display LCD Test; How to View Mileage in Memory; How to Erase Mileage in Memory

INTRO.13 - 805P and 807P Operation Diagram

Display

DISPLAY.01 - 805P Display Board Wire Connections

DISPLAY.02 - 805P Display Board Component Locations - Back Side

DISPLAY.03 - 805P Display Board Component Locations - Front Side

DISPLAY.04 - 805P Display Board Indicator Definitions

Table of Contents (Cont.)

Drive Board

DRIVE.01 - 805P/807P Drive Board Connections

DRIVE.02 - 805P/807P Drive Board Component Illustration

DRIVE.03 - 805P/807P Drive Board Indicator Locations and Definitions - LED 1, 2, 5, 7

DRIVE.04 - 805P/807P Drive Board Indicator Locations and Definitions - LED 3, 4, 6, 8

DRIVE.05 - 805P/807P Drive Board Indicator Locations and Definitions - LED 9, 10, 11, 12

Power

POWER.01 – 805P/807P Elliptical Trainer Power Up

POWER.02 – Illustration of the Power Up Process

POWER.03 – 805P/807P Drive Board VCC Circuit Power Test

POWER.04 - Drive Board VCC Power Test Procedure; Drive Board VCC Power Output Test

POWER.05 – 805P Display Board VCC Power Test

POWER.06 - Display Board VCC Power Test Procedure

POWER.07 – Transformer Primary Voltage Test (Illustration)

POWER.08 – Transformer Primary and Secondary Tests (Illustration)

POWER.09 - Transformer Primary Test Procedure; Transformer Secondary Test Procedure

Table of Contents (Cont.)

Optic Sensor

OPTIC.01 - Optic Sensor Operation

OPTIC.02 - Optic Sensor Signal Illustration

OPTIC.03 - Optic Sensor Malfunction; Troubleshooting

OPTIC.04 - Optic Sensor Signal LED and Test Location

OPTIC.05 - Optic Sensor Tests (Illustration)

OPTIC.06 - Optic Sensor Power (VCC) Test; Optic Sensor Signal (CLK) Output Test

Resistance

LEVEL.01 - Resistance Operation - Diagram and Explanation

LEVEL.02 - Optic Sensor Operation in Resistance (Illustration)

LEVEL.03 - Resistance Malfunction

LEVEL.04 - Resistance Voltage Test at the Drive Board

LEVEL.05 - Drive Board Resistance Voltage Test Procedure

LEVEL.06 - Magnet OHM Test

LEVEL.07 - Magnet OHM Test Procedure; Magnet Current Leakage Test

LEVEL.08 - Drive Board VDD Voltage Test

Table of Contents (Cont.)

Stride

STRIDE.01 - Stride Operation Diagram

STRIDE.02 - Stride Operation Explanation

STRIDE.03 - Stride Operation Illustration

STRIDE.04 - Stride LED Indicators on the Drive Board

STRIDE.05 - Stride Motor Protective Function

STRIDE.06 - Stride Motor Protection OVR LEDs

STRIDE.07 - Stride System Troubleshooting

STRIDE.08 - Stride Motor Voltage Test (Illustration); Stride Motor Voltage Test Procedure

STRIDE.09 - Stride VR Voltage Test (Illustration); Stride VR Voltage Test Procedure

STRIDE.10 - Stride Motor and VR Voltage Test Summary (Illustration); Test Procedure

STRIDE.11 - Stride Motor and VR Calibration

STRIDE.12 - Stride Motor and VR Calibration (Continued)

STRIDE.13 - Stride Motor and VR Calibration (Continued)

STRIDE.14 - Stride Motor and VR Calibration (Continued)

Polar

POLAR.01 - 805P Elliptical Trainer Polar Heart Rate Function

POLAR.02 - Polar Receiver Wire Connections, Transmitter Signal Transmission

POLAR.03 - Polar Heart Rate Test Procedure

Table of Contents (Cont.)

HTR Function

HTR.01 – 807P Elliptical Trainer Heart Touch Rate Function

HTR.02 - HTR Wire Connections

HTR.03 - Heart Rate Board Diagram

HTR.04 - HTR and HR Malfunction Troubleshooting; Troubleshooting Chart

Key

KEY.01 - Key and Switch Operation - Diagram; Key and Switch Operation - Explanation

KEY.02 - Switch Operation Illustration

KEY.03 - Key and Switch Malfunctions; Key and Switch Troubleshooting

KEY.04 - Display Key Illustration

KEY.05 - Key Test Illustration

KEY.06 - Key Test Procedure

Troubleshooting

TROUBLE.01 - Error Codes

TROUBLE.02 - Electronic Malfunctions

TROUBLE.03 - Display Does Not Light Up

TROUBLE.04 - Display Board VCC Test

TROUBLE.05 - Drive Board VCC Power Test

Introduction

INTRO.01 - Introduction to the 805P and 807P Elliptical Trainers; 805P and 807P Specifications

INTRO.02 - 805P and 807P Elliptical Trainers (Illustration)

INTRO.03 - 805P and 807P Elliptical Trainers – Front (Illustration)

INTRO.04 - 805P and 807P Elliptical Trainers – Components in Back (Illustration)

INTRO.05 - Display Functions and Windows (Illustration of 805P)

INTRO.06 - Programs (Illustration of 805P)

INTRO.07 - Program Introduction and Operation (Manual, Program)

INTRO.08 - Program Introduction and Operation, Cont. (INTVL Mode)

INTRO.09 - Program Introduction and Operation, Cont. (Heart Rate Control (HRC) Mode)

INTRO.10 - Program Introduction and Operation, Cont. (MODE Function)

INTRO.11 - Program Introduction and Operation, Cont. (STEP, STRIDE, LEVEL, RESET)

INTRO.12 - How to Switch from Metric (KPH) to American Standard (MPH); How to Input User Weight

How to Operate Display LCD Test; How to View Mileage in Memory; How to Erase Mileage in Memory

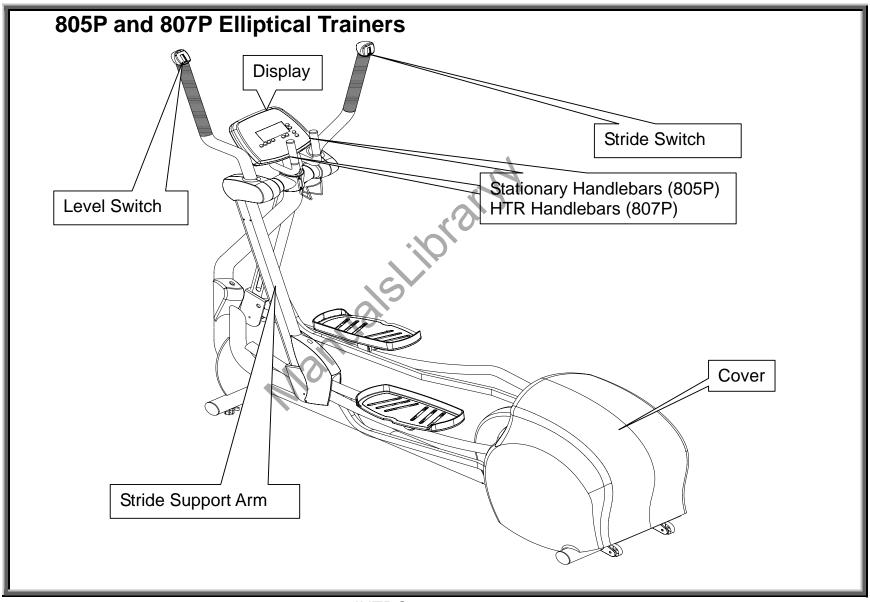
INTRO.13 - 805P and 807P Operation Diagram

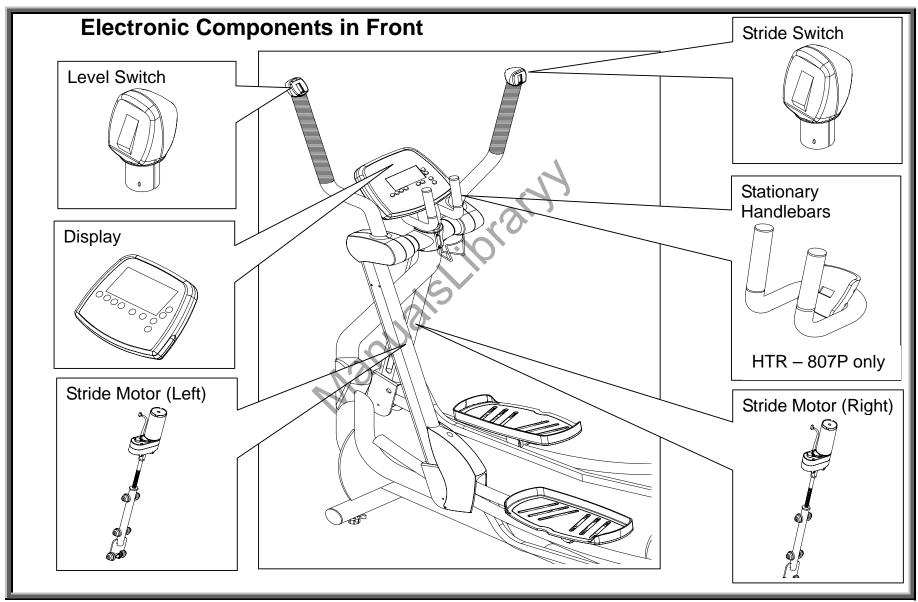
Introduction to the 805P and 807P Elliptical Trainers

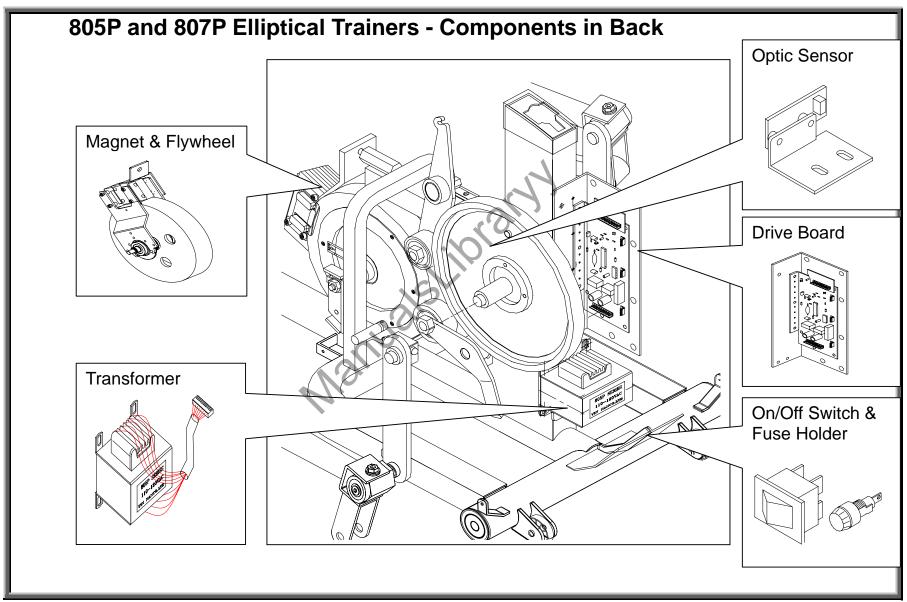
Some of the first elliptical trainers with automatic stride adjustment, the 805P and 807P provide a gentle, full-body workout. 805P offers user convenience – automated stride and resistance adjustment on the display and handlebars – and a full array of possibilities, including heart rate control, three programs, intervals and manual operation, plus Polar heart rate feedback, step count, calorie expenditure, and steps per minute. 807P offers all this, plus heart touch rate (HTR) handlebars and a dot matrix feedback display screen.

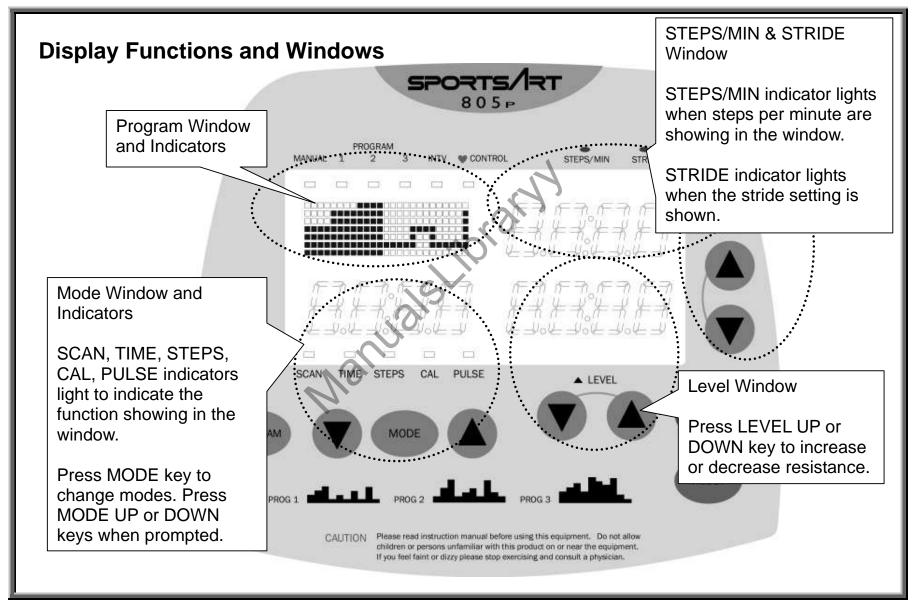
805P and 807P Specifications

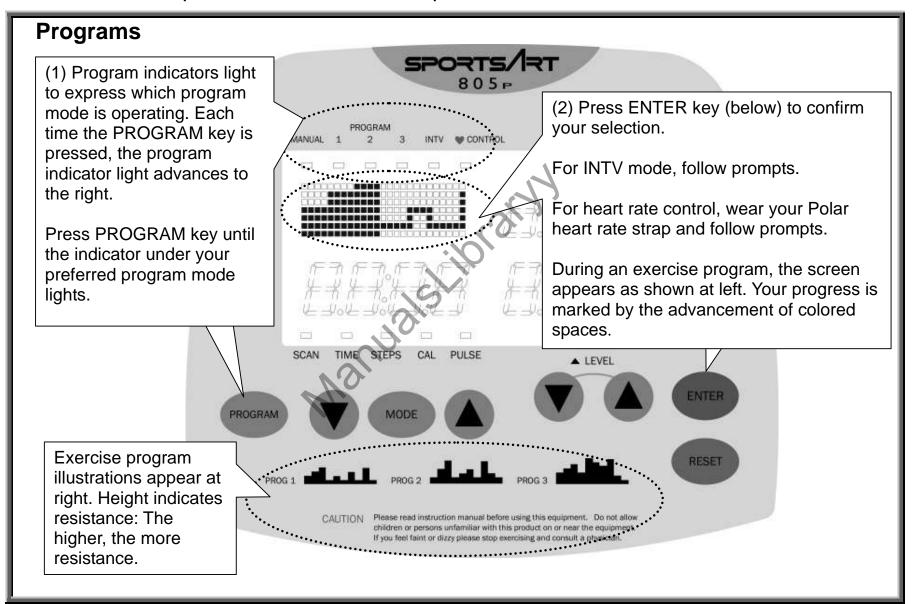
Item	Range	Notes
Power	Plug in type	N. America: 110 VAC
Fuse	1 Amp slow blow	Size: 6mm x 32mm
Display	805P: Liquid Crystal Display; 807P: Dot Matrix	See INTRO.12 for test mode.
Resistance (LEVEL)	LEVEL 1-14; Control on handle switch and display key	
Stride	450-650 mm; 17.0-26.0 inch; Display and handle control	Units: Metric or US. See INTRO.12
INTV	Interval program	For operation, see INTRO.08.
PROGRAM	Program 1, 2, 3	For operation, see INTRO.07.
Heart Rate (HR)	805P: Polar + HRC; 807P: Polar + HRC + HTR	For operation, see INTRO.09.
Weight Limit	300 pounds	
Dimensions	L: 77", W: 22"; H: 72"	
Net Weight	172 pounds	
Home Warranty	2 year parts, 1 year labor	
Com. Warranty	1 year parts and labor	Limited use: 4 hours per day











Program Introduction and Operation

1. Manual Mode

Manual mode allows direct control of resistance and stride settings.

Operation: (a) Press the PROGRAM key until the MANUAL indicator lights.

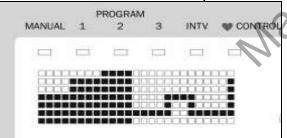
- (b) Press the ENTER key to confirm your choice. The main window will show "MAN'L".
- (c) Press LEVEL and STRIDE keys to set resistance and stride settings.

2. Program Mode

Built-in exercise programs provide the following workout routines.



Illustration height represents resistance: the higher the column, the more resistance. (One dot (below) represents two resistance levels.) Horizontal length represents time. Once in exercise program mode, the main window shows a picture like the one below.



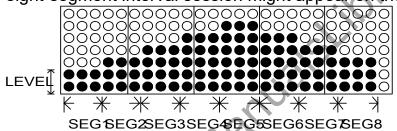
The illustration represents an exercise course. The user's progress is tracked by the coloring of columns: Solid color columns mark an area already traveled; Uncolored columns represent an area not yet traveled.

Operation

- (a) Press the PROGRAM key until your preferred program appears in the main window. Program 1 appears as "PRO:1"; Program 2: "PRO:2"; Program 3: "PRO:3".
- (b)Press the ENTER key to confirm your selection. Press MODE<▲> or <▼> key to select a time length.
- (c) Press the ENTER key to confirm your selection. The PROGRAM pattern appears and the program begins operating. Start exercising.

3.INTV Mode

Interval mode allows the user to create a unique exercise program -- all under microcomputer control. One interval includes eight segments, SEG1~SEG8. The user establishes LEVEL and TIME values. An eight-segment interval session might appear on the display like the following example.



Operation: (a) Press the PROGRAM key until the INTV indicator lights. "INTV" appears in the main window.

- (b) Press the ENTER key to confirm your selection. The main window will show "SEG1". The MODE window TIME indicator will light.
- (c) Press the MODE UP or DOWN key to select a time length. Press the ENTER key to confirm your choice.
- (d) Press the LEVEL UP or DOWN key to select a resistance level. Press the ENTER key to confirm your choice.
- (e) Set all other segment resistance levels and time periods by following steps c-d again.
- (f) The interval program will operate after all segments are programmed.

4. Heart Rate Control (HRC) Mode

HRC mode allows users to exercise at an optimal heart rate for either cardio conditioning or fat loss. In heart rate control mode, the unit automatically adjusts the resistance level to keep the user's heart rate at a pre-set target. The pre-set target is based on a formula for optimum fat burn and cardio conditioning rates.

220 - (your age) = x

x * 65% = (your fat burn target heart rate)

x * 80% = (your cardio conditioning target heart rate)

So, for a 37 year old person, the formula works out as follows: 220 - 37 = 183.

Optimal fat burn heart rate: 183 * .65 = 119.

Optimal cardio conditioning heart rate: 183 * .80 = 146. The 805P figures this out for you.

Operation: (a) Press the PROGRAM key until the Heart Rate CONTROL indicator lights. The main window shows "HRC".

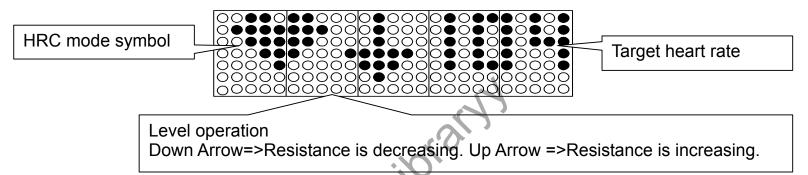
- (b) Press the ENTER key. The program window shows "FAT" or "CARDIO".
- (c) Press MODE<A> or <▼> key until your preferred mode, FAT or CARDIO, appears. Press ENTER key to confirm your choice.
- (d) "AGE35" appears in the mode window. Press MODE<A> or <▼> keys until your age appears. Press ENTER key to confirm your choice.
- (e) "MODIFY" appears in the program window and the PULSE indicator

lights; MODE window shows the heart rate value. Press MODE<▲> or <▼> key to modify your target heart rate. When the display shows your preferred target heart rate, press <ENTER> to confirm your choice. (f) "MODIFY" appears in the program window and the TIME indicator lights. "5:00" appears in the mode

(f) "MODIFY" appears in the program window and the TIME indicator lights. "5:00" appears in the mode window.

Press MODE <▲> or <▼> key until your preferred workout period appears. Press ENTER to confirm your choice. (Continued on following page.)

(g) The main window will show the HRC pattern below and the unit will start operating in HRC mode.



Note:

HRC mode works only if the user is wearing a Polar heart rate strap. If the Polar strap loses contact, the display will show "NO ♥," beep once, and return to MANUAL mode.

5. MODE Function

Mode provides two functions: (1) in operation, press the MODE key to toggle between TIME, STEPS, CAL, PULSE functions. (2) Mode also allows a time or step countdown. For example, in MANUAL mode, press the MODE key until the TIME indicator lights. Press the MODE up key to 10:00, for ten minutes. Then press the MODE down key. The display time reading will count down from 10:00, to 9:59, 9:58, 9:57.... At 0, the display beeps and begins counting up, 1,2,3....

6. STEP Function

The step function shows unit speed measured as steps per minute. It operates automatically. Exercise on the unit. The STEPS/MIN indicator lights, and the STEPS/MIN window shows the STEPS/MIN value. STEPS/MIN and STRIDE indicators toggle every six seconds.

7. STRIDE Function

The stride function shows the stride length setting and allows for stride adjustment. When the display STRIDE window lights, the STRIDE window shows the stride value. Stride range: 450-650 mm (17.0-26.0 inches); Stride and step indicators toggle every six seconds.

Operation: (a) Press STRIDE UP key on the display or handlebar until the STRIDE window shows 450 mm (17.0 inches). The STRIDE indicator lights. The stride linkage moves to the highest position on the stride support arm. (b) Press STRIDE DOWN key on the display or handlebar until the STRIDE window shows 650 mm (26.0 inches). The stride indicator lights. The stride linkage moves to the lowest position on the stride support arm.

8. LEVEL Function

The level function shows and sets the resistance value.

Operation: (a) Press LEVEL DOWN key until the LEVEL window shows 1. Exercise on the unit. Resistance is at the lowest level. (b) Press LEVEL UP key until the LEVEL window shows 14. Exercise on the unit. Resistance is at the highest level.

9. RESET Function

Reset clears all functions except STRIDE to 0.

Operation: Press the RESET key. The display beeps once, and all functions except stride show 0.

How to Switch from Metric (KPH) to American (MPH) Standard; Also, How to Input User Weight

Operation: (a) Press the MODE key for three seconds. The program window shows "SET".

- (b) Press the ENTER key. The program window will show "KG" or "LB".
- (c) Press MODE DOWN or UP key to toggle between KG and LB.
- (d) When your preferred unit of measurement appears, press the ENTER key to confirm your choice.
- (e) The program window shows a weight, for example, 150 LB. Press MODE UP or DOWN key to find your weight. Press the ENTER key to confirm your choice.

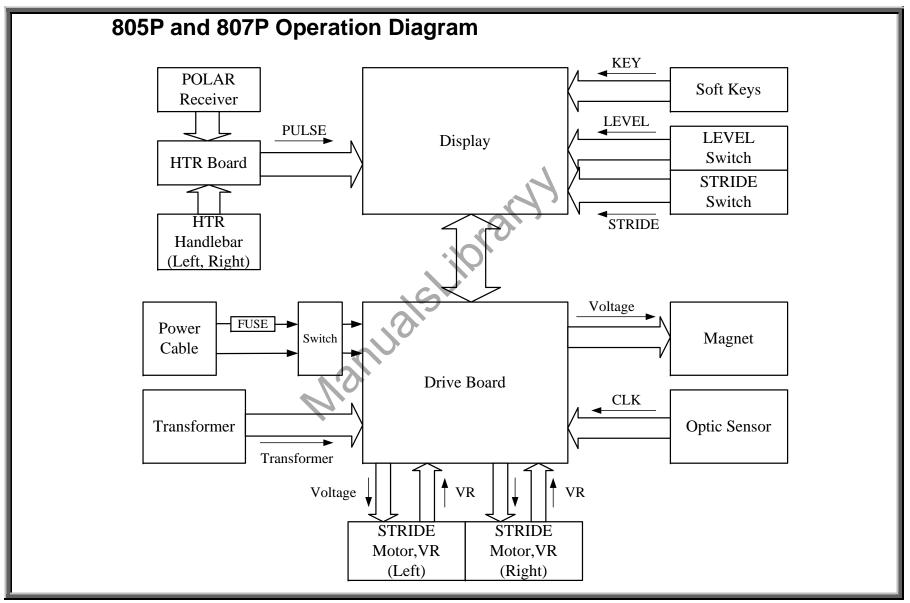
How to Operate Display LCD Test

The display test allows easy inspection of all display marks.

- (a) Turn on the unit and don't press any other keys.
- (b) Simultaneously press the STRIDE DOWN and ENTER keys.
- (c) Display LEDs light in a sequential order, then a prompt appears: "KEY 1".
- (d) When "KEY 1" appears, press the PROGRAM key.
- (e) When "KEY 2" appears, press the MQDE DOWN key.
- (f) Press the following keys when prompted. "KEY 3" = MODE key; "KEY 4" = MODE UP key; "KEY 5" = LEVEL DOWN key; "KEY 6" = LEVEL key; "KEY 7" = LEVEL UP key; KEY 8 = STRIDE UP key; "KEY 9" = STRIDE key; "KEY 10" = STRIDE DOWN key; "KEY 11" = ENTER key; "KEY 12" = RESET key. (g) The display will show "OK."

How to View Mileage In Memory; How to Erase Mileage Memory

- (a) Turn on the unit and don't press any other keys.
- (b) Simultaneously press LEVEL DOWN+ENTER keys. Mileage value will appear on the display.
- (c) Simultaneously press LEVEL UP+ENTER keys. "OK" appears to indicate that mileage memory has been erased.



Display

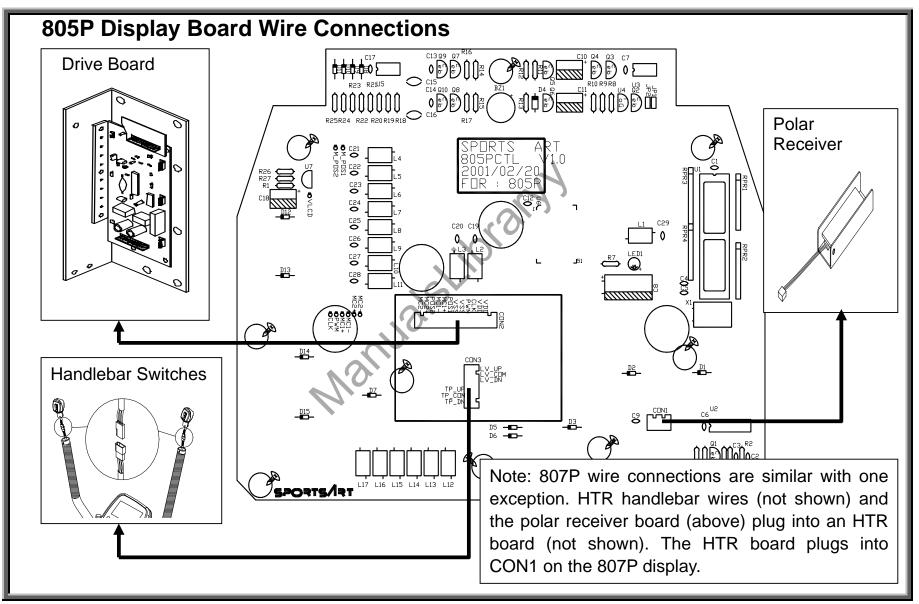
DISPLAY.01 - 805P Display Board Wire Connections

DISPLAY.02 - 805P Display Board Component Locations - Back Side

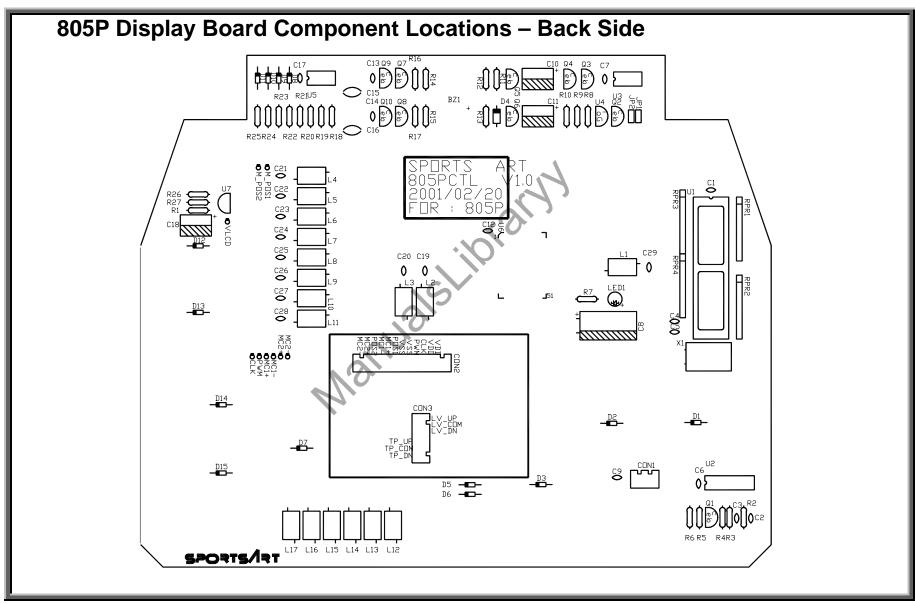
DISPLAY.03 - 805P Display Board Component Locations - Front Side

DISPLAY.04 - 805P Display Board Indicator Definitions

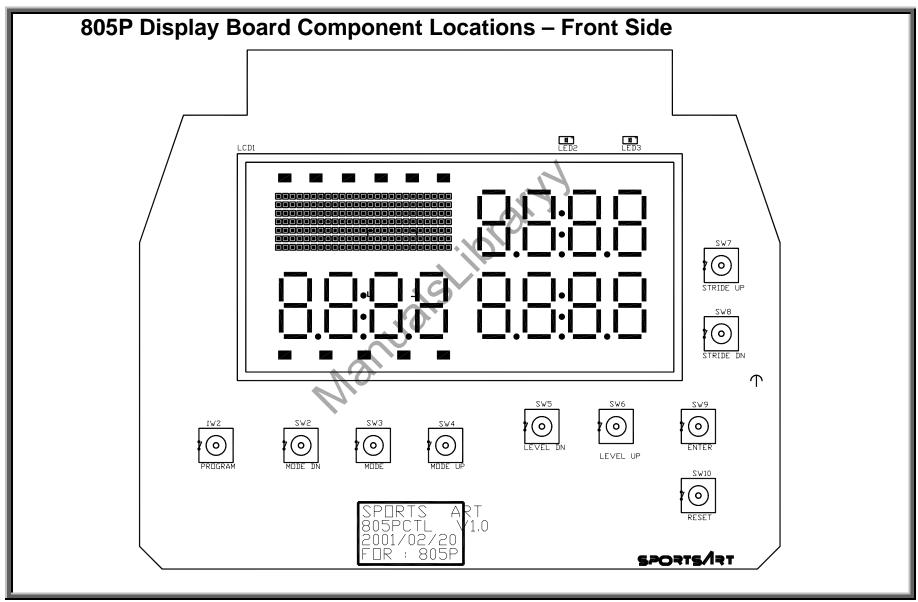
SportsArt – 805P/807P Repair Manual - Display



SportsArt – 805P/807P Repair Manual - Display



SportsArt – 805P/807P Repair Manual - Display



SportsArt – 805P/807P Repair Manual - Display

807P Display Board Indicator Definitions

Led13 Power Indicator (top center, not shown)

- →Lit means that the display is receiving 5 VDC power supply. The display should light up. This power circuit is labeled VCC.
- → Not lit means that the display is not receiving 5 VDC, VCC circuit power. The display will not light up.

Led14 CLK (optic sensor) Indicator (right side, not shown)

000000

Flashes when optic sensor signal enters display at low speed. Appears to remain lit when signal enters at high speed.

Drive Board

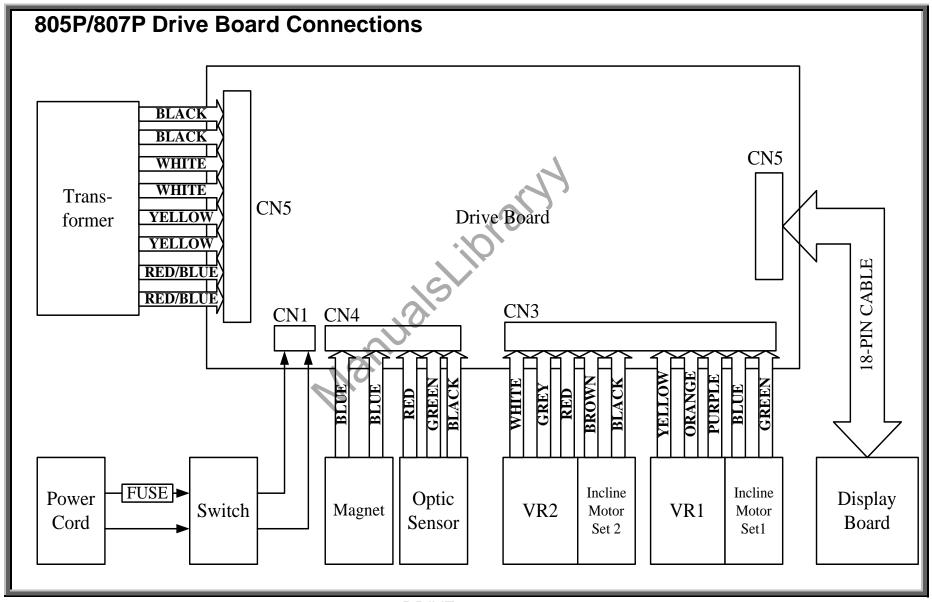
DRIVE.01 - 805P/807P Drive Board Connections

DRIVE.02 - 805P/807P Drive Board Component Illustration

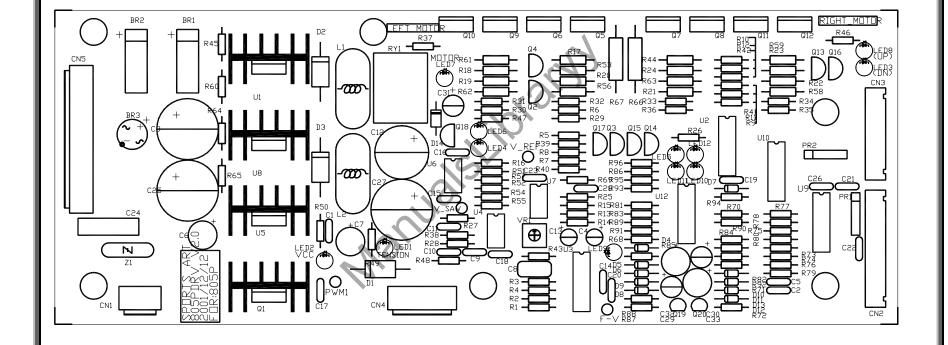
DRIVE.03 - 805P/807P Drive Board Indicator Locations and Definitions – LED 1, 2, 5, 7

DRIVE.04 - 805P/807P Drive Board Indicator Locations and Definitions - LED 3, 4, 6, 8

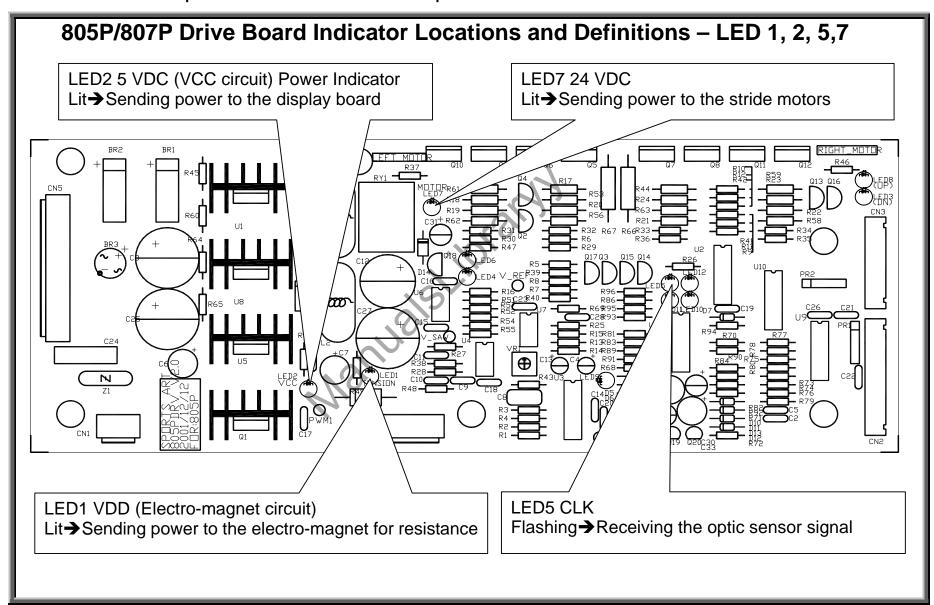
DRIVE.05 - 805P/807P Drive Board Indicator Locations and Definitions - LED 9, 10, 11, 12

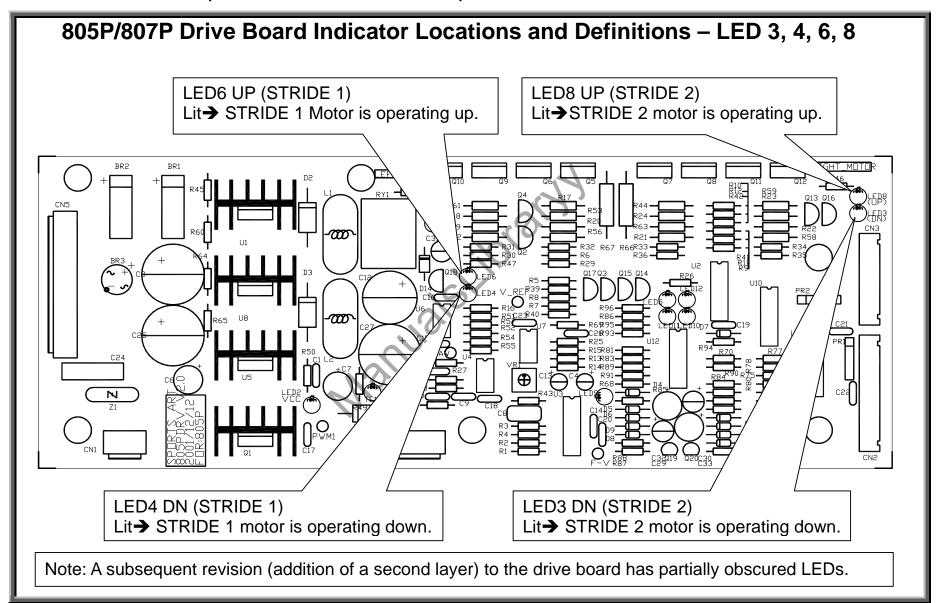


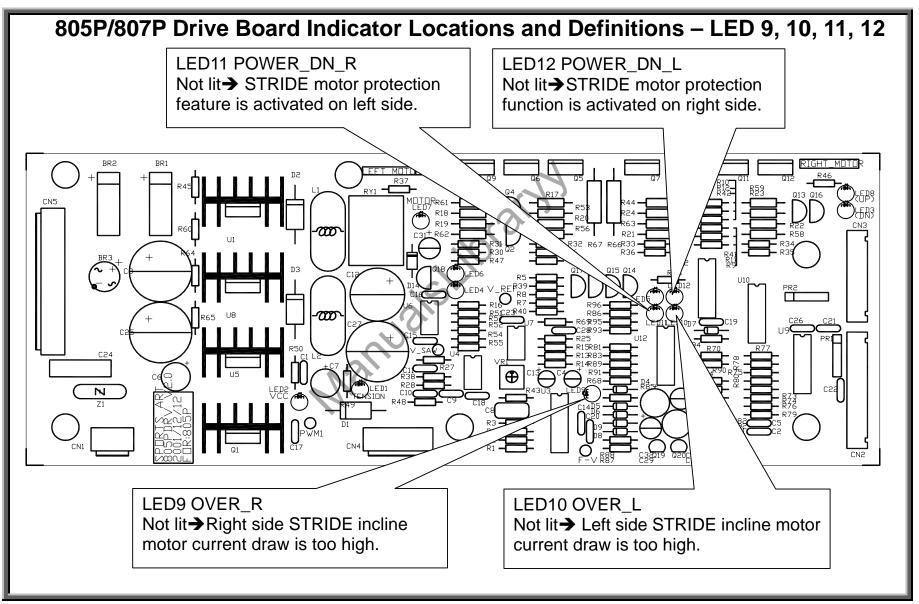
805P/807P Drive Board Component Illustration



Note: Subsequent revisions have changed the appearance of the drive board, which now has two layers.







Power

POWER.01 – 805P/807P Elliptical Trainer Power Up

POWER.02 – Illustration of the Power Up Process

POWER.03 – 805P/807P Drive Board VCC Circuit Power Test

POWER.04 - Drive Board VCC Power Test Procedure; Drive Board VCC Power Output Test

POWER.05 – 805P Display Board VCC Power Test

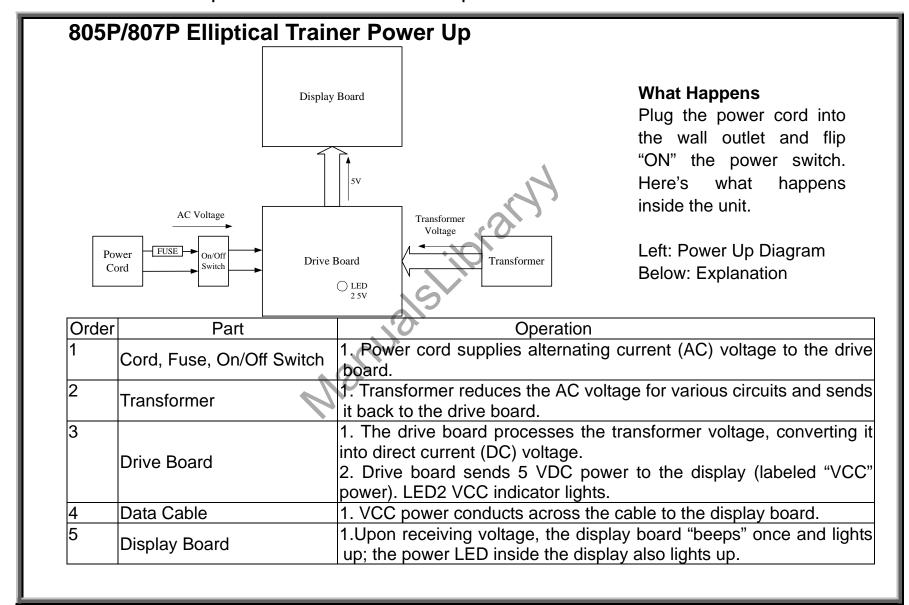
POWER.06 - Display Board VCC Power Test Procedure

POWER.07 - Transformer Primary Voltage Test (Illustration)

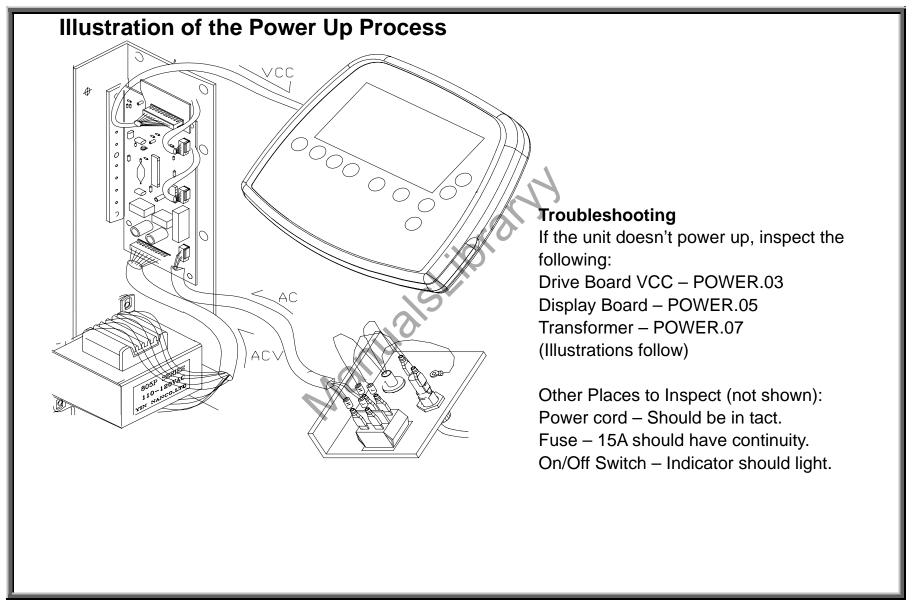
POWER.08 – Transformer Primary and Secondary Tests (Illustration)

POWER.09 - Transformer Primary Test Procedure; Transformer Secondary Test Procedure

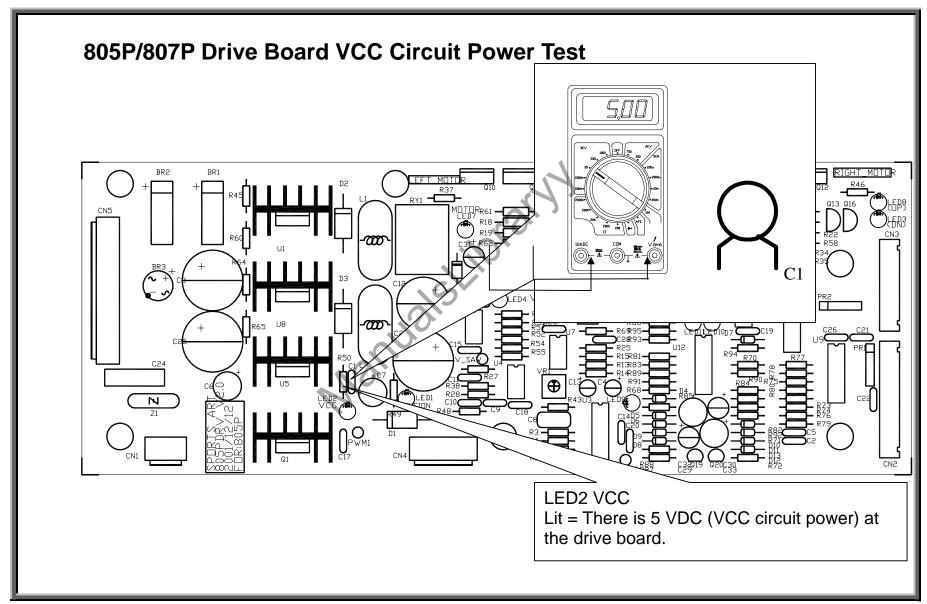
SportsArt – 805P/807P Repair Manual - Power



SportsArt – 805P/807P Repair Manual - Power



SportsArt – 805P/807P Repair Manual - Power



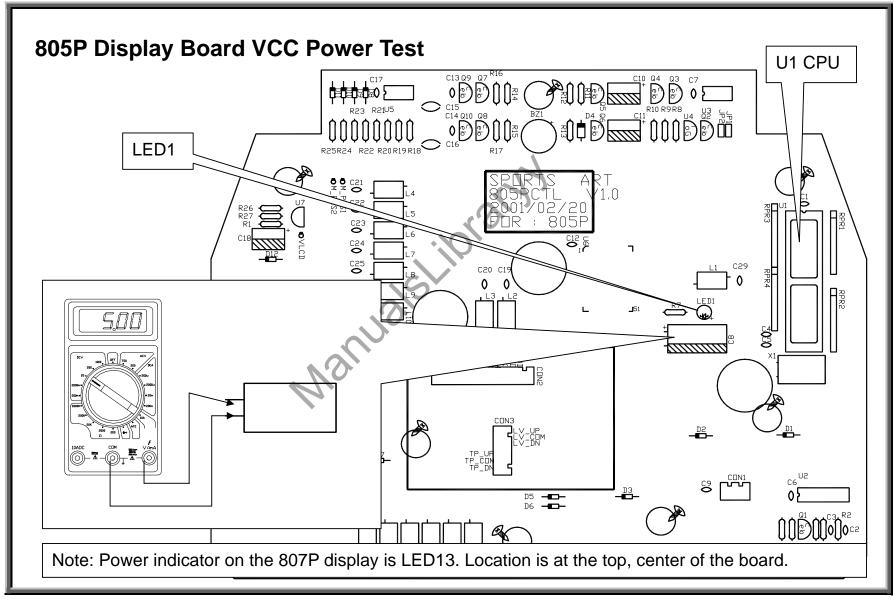
Drive Board VCC Power Test Procedure

- 1. Turn on the power switch. The power switch should light. If it doesn't light, inspect the unit fuse.
- 2. The drive board LED2 VCC power indicator should light. See illustration in POWER.03.
- 3. There should be voltage across capacitor C1. To test the capacitor, place one multimeter probe on each pin of capacitor C1 on the drive board. See illustration in POWER.03. Set multimeter to VDC. Normal reading: 4.8-5.2 VDC. (LED2 and this test shows the same thing, VCC circuit power.)
- 4. If the reading is not as above, test the transformer voltage. See POWER.07.

Drive Board VCC Power Output Test

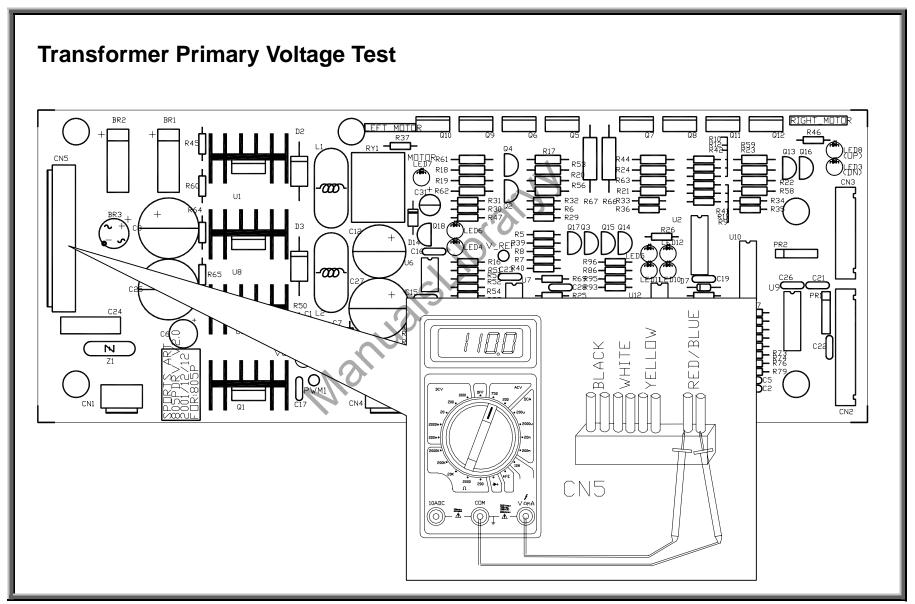
To see whether the drive board is putting out power to the display, take readings at the CN3 cable connector on the drive board.

- 1. Put the black multimeter probe on the first pin from the left (this pin connects to the black wire on the cable).
- 2. Put the red probe on the third pin from the right. Take a reading. Then put the red probe on the fourth pin from the right. Normal reading in both locations: 4.8-5.2 VDC.



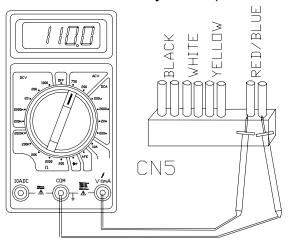
Display Board VCC Power Test Procedure

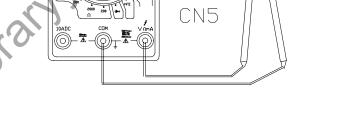
- 1. Turn on power. Power switch indicator should light up.
- 2. Drive board LED2 VCC power LED should light up.
- 3. Display board LED1 (on 807P, LED13) should light up. This indicates 5 VDC across the pins of capacitor C8 on the 805P display board (see Power.05). See illustration.
- 4. If the display board LED1 lights but the display doesn't light up, reinstall display board U1 CPU to ensure proper contact.



POWER.07

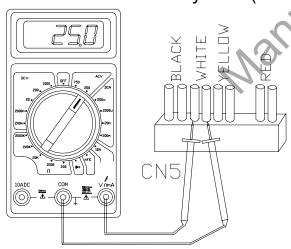
1. Transformer Primary Test (red-red or blue-blue) 2. Transformer Secondary Test (yellow-yellow)



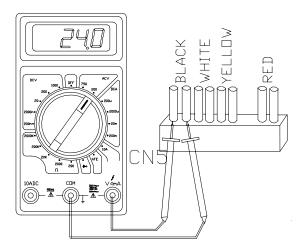


90

3. Transformer Secondary Test (white-white)



4. Transformer Secondary Test (black-black)



Transformer Primary Test Procedure

- 1. Do not disconnect wires from the drive board.
- 2. Turn on unit power. The power switch should light up.
- 3. Place probes as shown in Figure 1, POWER.08. Normal reading: 110 VAC (USA, Canada).
- 4. If there is no voltage, inspect the transformer cable and its connections. Other possible points to inspect include the power switch, fuse, wall power socket.

Transformer Secondary Test Procedure

- 1. Do not disconnect wires from the drive board.
- 2. Turn on unit power. The power switch should light up.
- 3. Place probes as shown in Figure 2, POWER.08, on the two yellow wire connectors. Normal reading: 9.0 VAC.
- 4. Place probes as shown in Figure 3, POWER.08, on the two white wire connectors. Normal reading: 25.0 VAC.
- 5. Place probes as shown in Figure 4, POWER.08, on the two black wire connectors. Normal reading: 24.0 VAC.
- 6. If the primary test is normal, but the secondary test is not normal, inspect the transformer cable connections. Replace the transformer.

SportsArt – 805P/807P Repair Manual

Optic Sensor

OPTIC.01 - Optic Sensor Operation

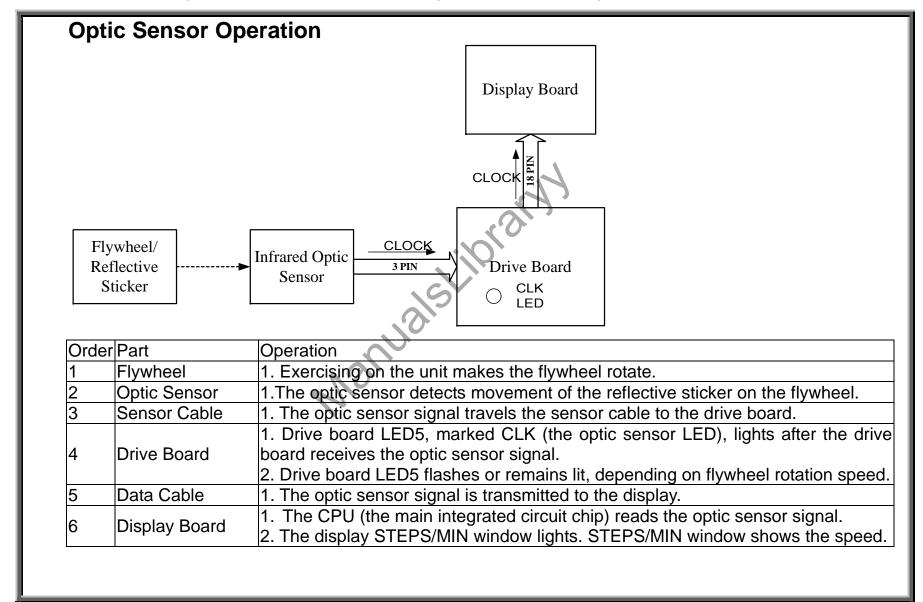
OPTIC.02 - Optic Sensor Signal Illustration

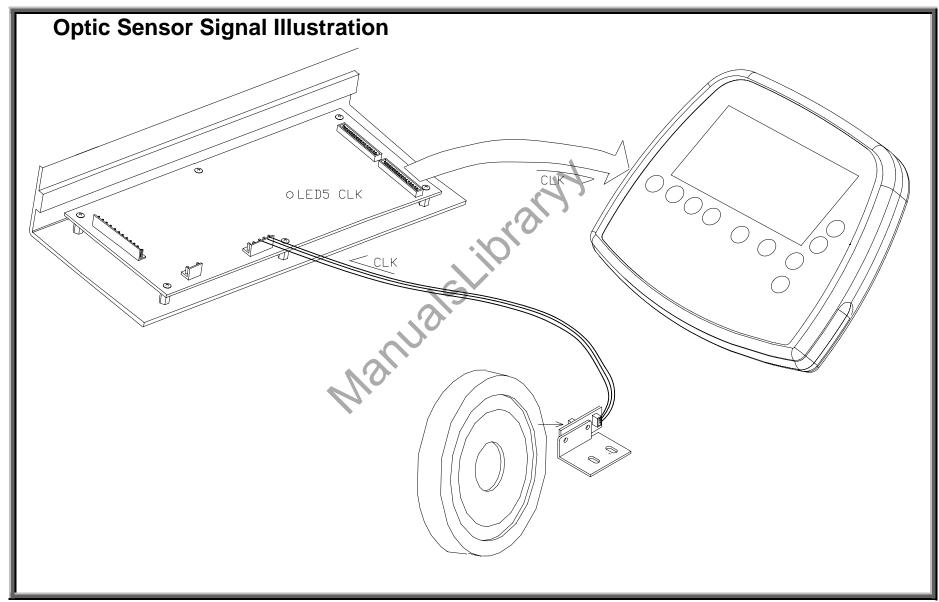
OPTIC.03 - Optic Sensor Malfunction; Troubleshooting

OPTIC.04 - Optic Sensor Signal LED and Test Location

OPTIC.05 - Optic Sensor Tests (Illustration)

OPTIC.06 - Optic Sensor Power (VCC) Test; Optic Sensor Signal (CLK) Output Test





Optic Sensor Malfunction

Symptom: No step count; no step count per minute. "STEP" flashes on the display, even though someone is exercising on the unit. All these symptoms indicate no optic sensor signal to the display.

Troubleshooting

1. LED5, the CLK optic sensor signal indicator, on the drive board should flash when the flywheel rotates. A flashing CLK LED indicates that the optic sensor signal arrives at the drive board. See illustration, OPTIC.04.

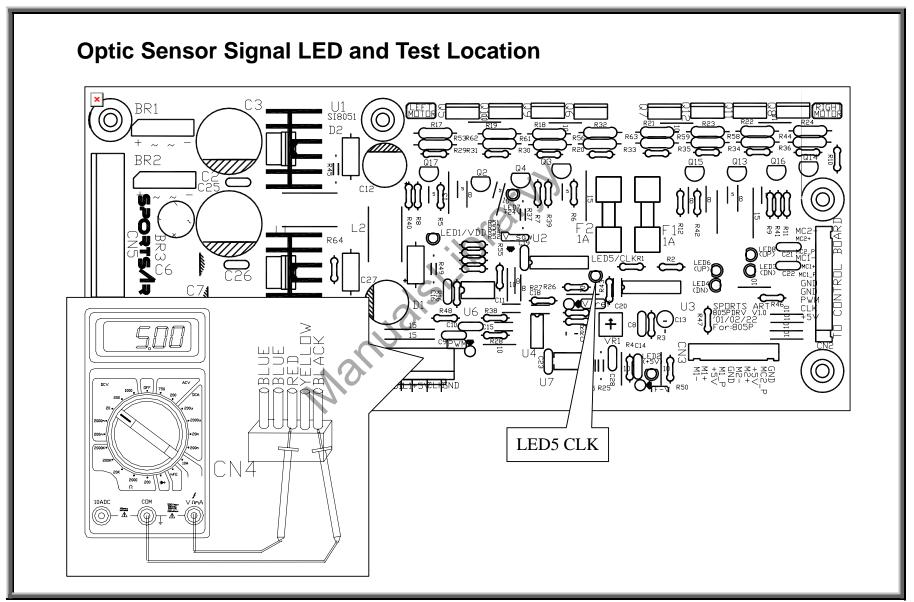
If the CLK LED does not light, do the following.

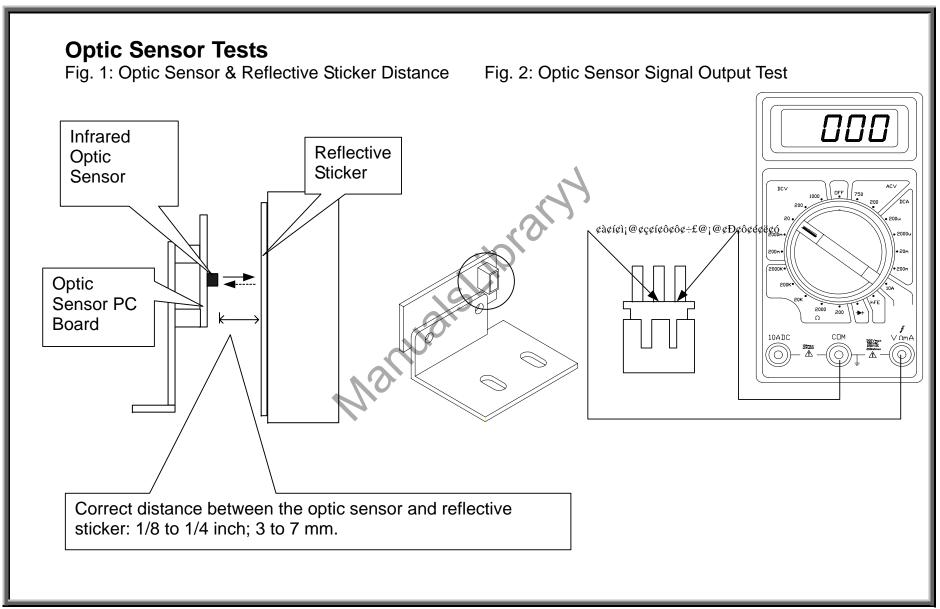
(a) Inspect the optic sensor and reflective sticker distance. See Fig. 1, OPTIC.05.

Normal distance: 1/8 to 1/4 inch; 3-7 mm.

- (b) Inspect the optic sensor wires to the drive board.
- (c) Take readings of the optic sensor power supply and signal output at the drive board CN4 connector. See illustration, OPTIC.06.

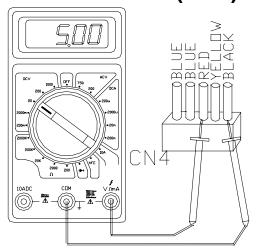
Test	Probe Positions	Normal	Abnormal	If Abnormal:
		Voltage		
Power	Red probe on red wire	5 VDC	Under 4.5 VDC	Inspect wires, drive board VCC
Supply	connector- Black probe on			power; See LED2 VCC 5 VDC on
	black wire connector			DRIVE.03.
Signal	Red probe on yellow wire	1.5-3.5	5 or 0 VDC while	Replace optic sensor if power
Output	connector – Black probe	VDC	flywheel moves	supply is OK.
_	on black wire connector		-	

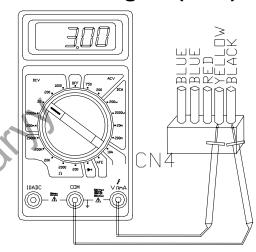




Optic Sensor Power (VCC) Test

Optic Sensor Signal (CLK) Output Test





Optic Sensor Power (VCC) Voltage Test

- (1) Don't detach any wires from the drive board. Turn on unit power.
- (2) Put multimeter to the 20VDC setting. Place probes as shown above (left). Exercise on the unit. Normal reading: 5V.
- (3) If not as above, inspect drive board VCC power supply (LED2, VCC indicator, DRIVE.03).

Optic Sensor Signal (CLK) Output Test

- (1) Put multimeter to the 20 VDC setting. Place probes as shown above (right). Exercise on the unit.
- (2) LED5 (CLK) indicator should flash at low speeds and appear to remain lit at high speeds. Normal reading: 1.5-3.5 VDC.
- (3) If not as above, inspect the cable, connections. If there is power into the optic sensor board but no signal out, replace the optic sensor board.

SportsArt – 805P/807P Repair Manual

Resistance

LEVEL.01 - Resistance Operation - Diagram and Explanation

LEVEL.02 - Optic Sensor Operation in Resistance (Illustration)

LEVEL.03 - Resistance Malfunction

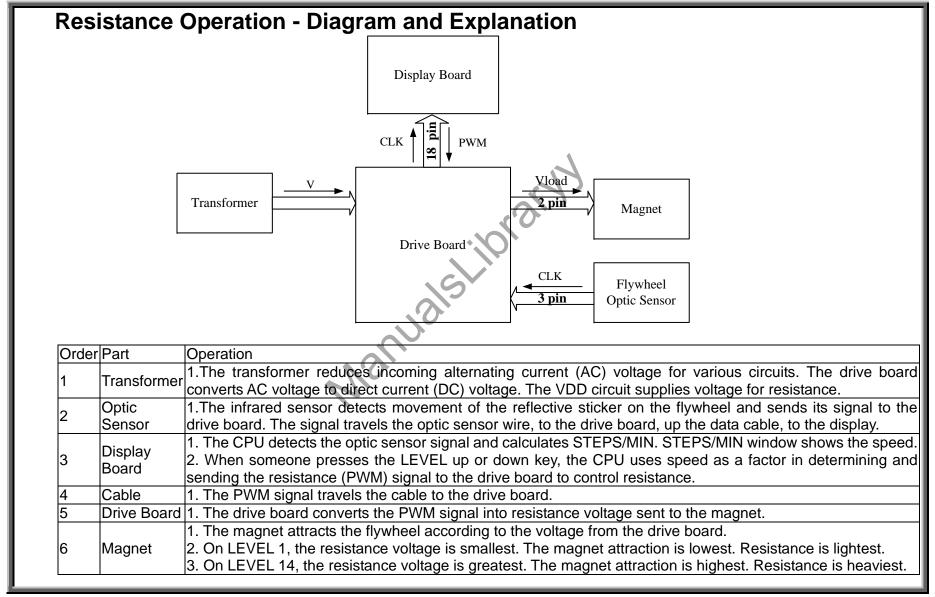
LEVEL.04 - Resistance Voltage Test at the Drive Board

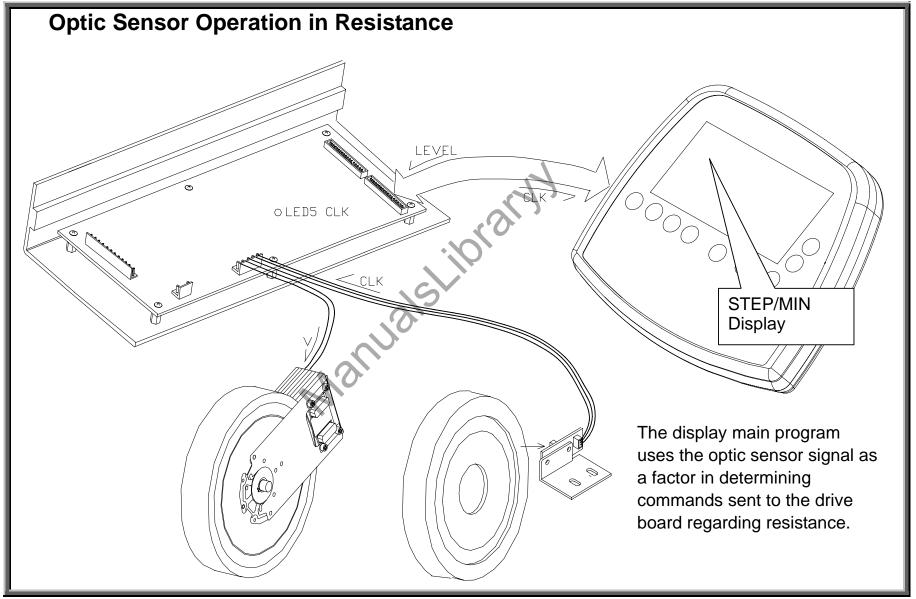
LEVEL.05 - Drive Board Resistance Voltage Test Procedure

LEVEL.06 - Magnet OHM Test

LEVEL.07 - Magnet OHM Test Procedure; Magnet Current Leakage Test

LEVEL.08 - Drive Board VDD Voltage Test





LEVEL.02

Resistance Malfunction

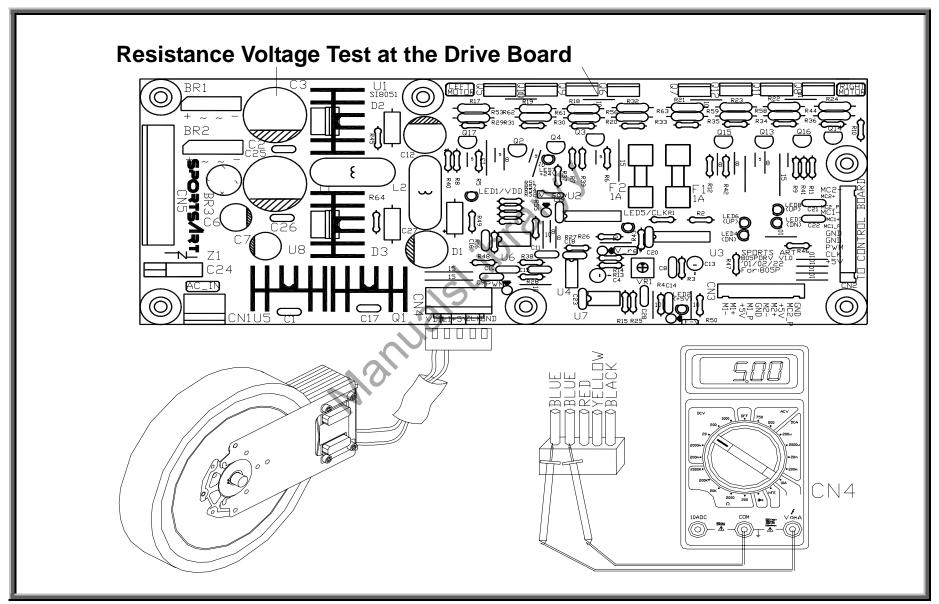
Symptom Type 1: Press LEVEL keys; there is no resistance; display shows no STEP/MIN value or "STEP" flashes on the display.

Symptom 1 Troubleshooting: Since resistance operation requires an optic sensor signal, see optic sensor troubleshooting, OPTIC.03.

Symptom Type 2: Press LEVEL keys; there is either no resistance or full resistance at all levels; STEP/MIN value appears on the display.

Symptom 2 Troubleshooting:

- 1. Inspect power to the magnet. See Drive Board Resistance Voltage Test, LEVEL.04.
- 2. If there is power to the magnet but no resistance, check magnet OHMs. See Magnet OHM Test, LEVEL.06.
- 3. If there is no power to the magnet, inspect drive board VDD circuit. See Drive Board VDD Voltage Test, LEVEL.08.
- 4. If the VDD LED doesn't light, inspect the transformer primary and secondary voltages. See POWER.08.

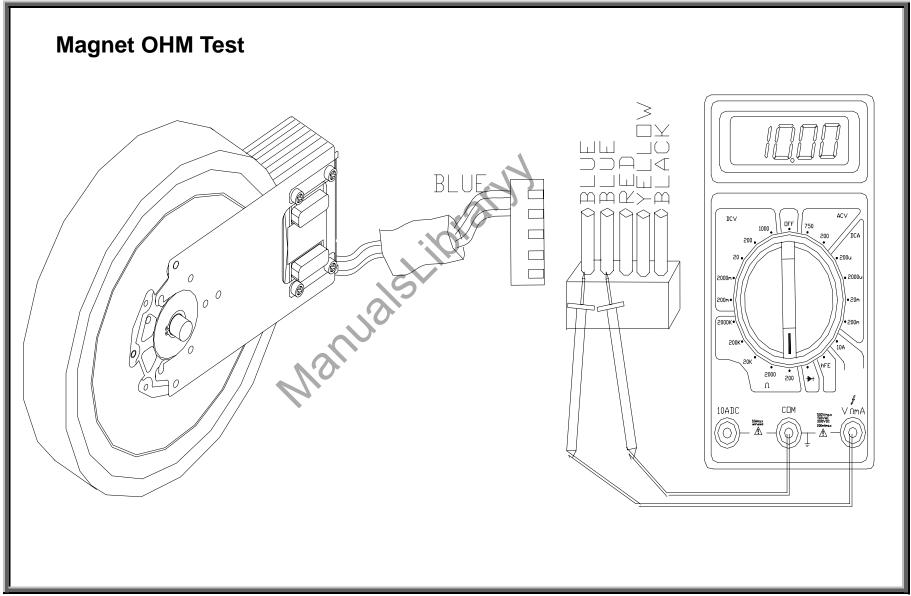


LEVEL.04

Drive Board Resistance Voltage Test Procedure

- (1) Do not detach any wires from the drive board.
- (2) Turn on unit power.
- (3) Place probes on the CN4 blue wire connector points as shown.
- (4) Exercise on the unit. Press LEVEL up key. Normal reading varies depending on resistance level. Please see the chart below for a Level/Voltage reference figure.
- (5) If there is no resistance voltage, inspect the following:
 - (a) Drive board. Look for burnt components, VDD LED not lighting (LEVEL.08)
 - (b) Display. Do LEVEL display values change? If not, inspect the overlay and keys.
 - (c) Ribbon cable. Is it connected well and in good condition?
- (6) If there is voltage, inspect the magnet. See Magnet OHM Test, LEVEL.06.

Level/Voltage Reference Readings at 30 Steps Per Minute				
Resistance Level		VDC		
1	1,0	0.1		
5	U,	5		
10		10		
14		21		



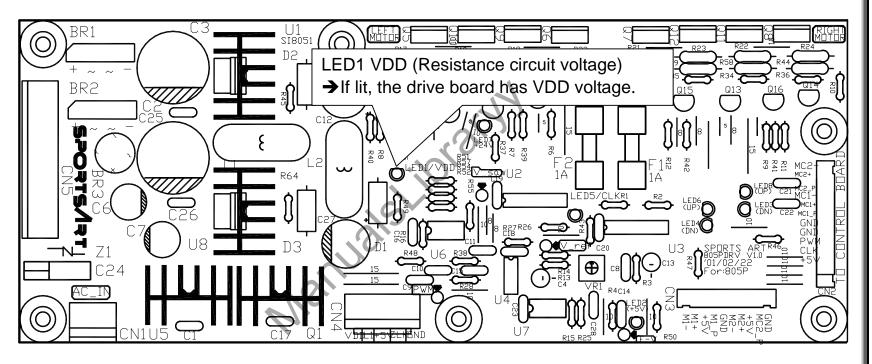
Magnet OHM Test Procedure

- (1) Put multimeter to the 200 Ohm setting. Remove the CON1 cable connector from the drive board.
- (2) Place meter probes separately on the two blue wire connectors. Normal reading: 10 Ohms.
- (3) If the reading is not between 8 and 12 Ohms, replace the magnet.

Magnet Current Leakage Test

- (1) Put multimeter to the 200 Ohm setting. Place the red probe on the CN1 blue wire. Place the black probe on a unit screw or metal part of the frame.
- (2) If the multimeter reading doesn't change whatsoever, there is no short between the magnet and the unit frame.
- (3) If the multimeter shows a reading, like 0.4, for example, there is a short between the magnet (probably a magnet wire) and the frame on the unit. Inspect whether the wire to the magnet touches some metal part of the unit. If possible, just isolate the wire that creates the short. If not, replace the magnet or the entire flywheel.

Drive Board VDD Voltage Test



Test Procedure

- (1) Do not disconnect any wires from the drive board.
- (2) Turn on unit power. Power switch should light. Display should show "MAN'L".
- (3) Drive board LED1 VDD indicator should light, showing that the drive board has resistance circuit voltage.
- (4) If not as above, inspect the transformer. See POWER.08.

SportsArt – 805P/807P Repair Manual

Stride

```
STRIDE.01 - Stride Operation Diagram
STRIDE.02 - Stride Operation Explanation
STRIDE.03 - Stride Operation Illustration
STRIDE.04 - Stride LED Indicators on the Drive Board
STRIDE.05 - Stride Motor Protective Function
```

STRIDE.06 - Stride Motor Protection OVR LEDs

STRIDE.07 - Stride System Troubleshooting

STRIDE.08 - Stride Motor Voltage Test (Illustration); Stride Motor Voltage Test Procedure

STRIDE.09 - Stride VR Voltage Test (Illustration); Stride VR Voltage Test Procedure

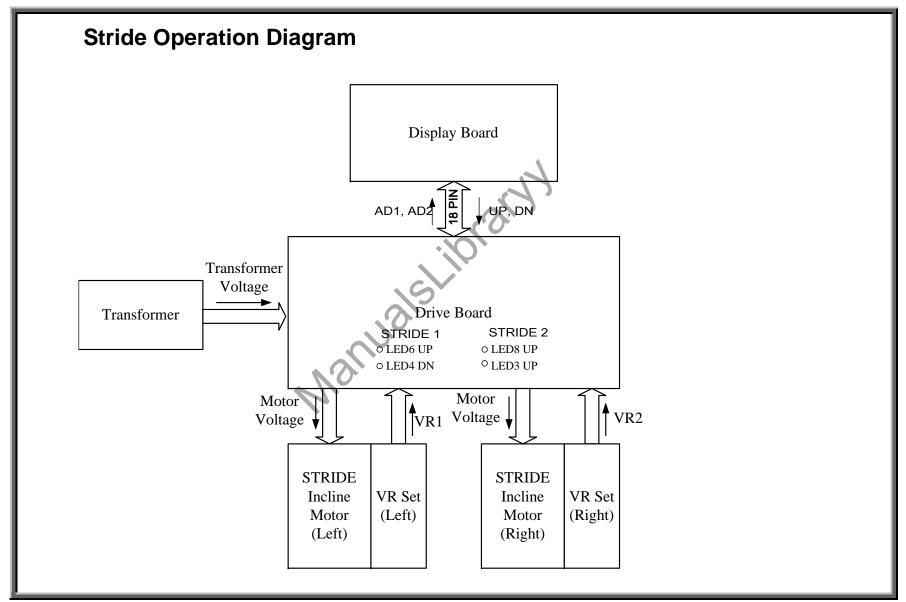
STRIDE.10 - Stride Motor and VR Voltage Test Summary (Illustration); Test Procedure

STRIDE.11 - Stride Motor and VR Calibration

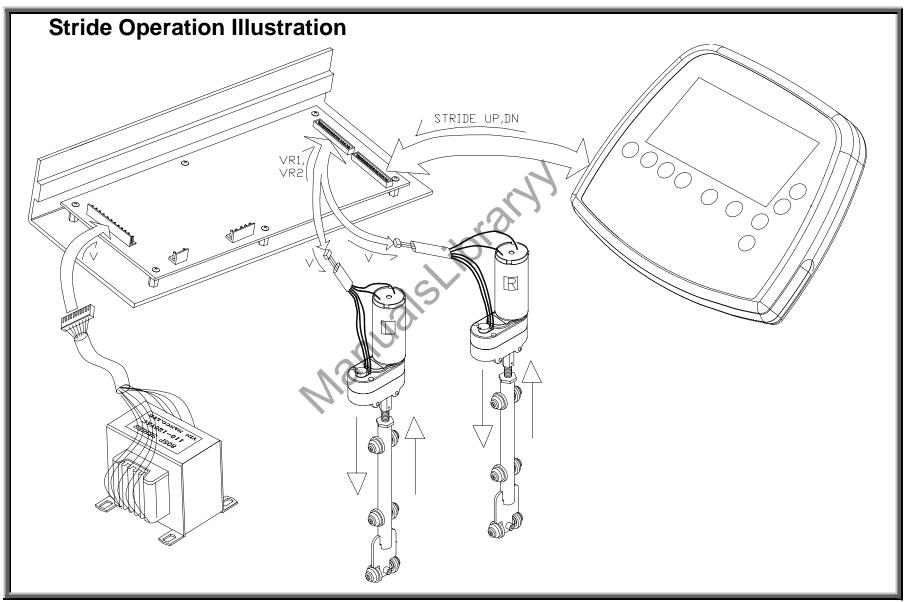
STRIDE.12 - Stride Motor and VR Calibration (Continued)

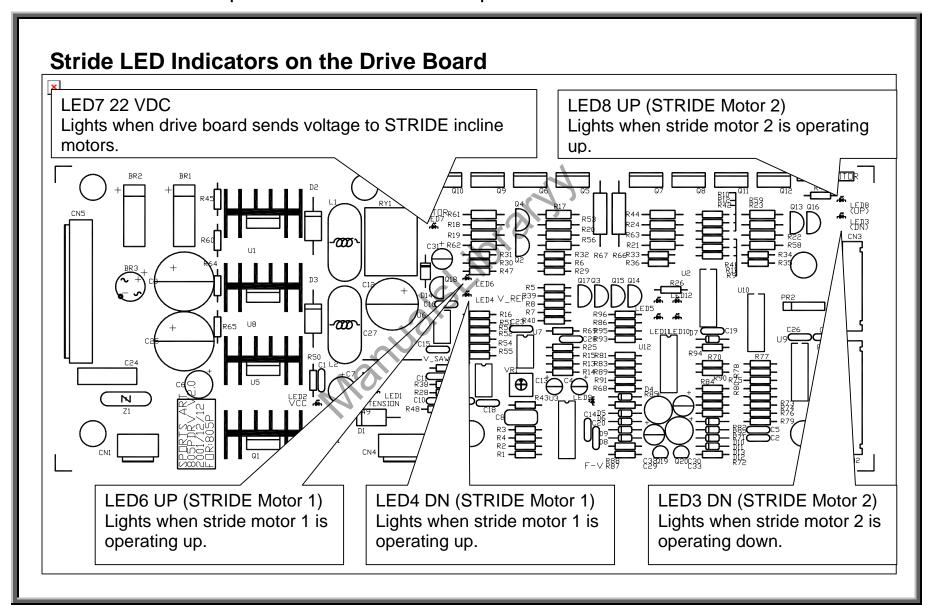
STRIDE.13 - Stride Motor and VR Calibration (Continued)

STRIDE.14 - Stride Motor and VR Calibration (Continued)



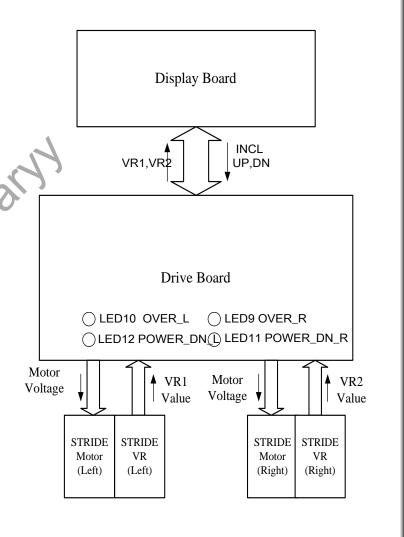
Order		tion Explanation Operation	
1	Display	1. When the STRIDE <▲> key is pressed, the CPU emits the STRIDE_UP signal.	
	Display	2. When the STRIDE <▼> key is pressed, the CPU emits the STRIDE_DN signal.	
2	Transformer	2. The transformer provides power for STRIDE motor operation. LED7 lights up. See STRIDE.04.	
3	Data Cable	I1 The STRINE LIP or STRINE DNI cianal travels the main cable from the display to the	
4	Drive Board	1. When the drive board receives the STRIDE_UP signal, drive board LED6 and LED8 UP indicators light. See illustration, STRIDE.04. Voltage travels CN3 (M1+ and M1-, M2+ and M2-) wires to the STRIDE motors.	
		2. When the drive board receives the STRIDE_DN signal, drive board LED4, LED3 DN indicators light. See illustration, STRIDE.04. Voltage travels CN3 (M1+ and M1-, M2+ and M2-) wires to the STRIDE motors.	
5	Stride Cable	The STRIDE signal travels the STRIDE cable to the stride motors.	
6		1. If there is negative voltage across M1+ and M1-, M2+ and M2-, STRIDE operates down. 2. If there is positive voltage across M1+ and M1-, M2+ and M2-, STRIDE operates up.	
7		 When the STRIDE motor operates upward, it drives the variable resistor (VR) gear, increasing VR voltage. When the STRIDE motor operates downward, it drives the VR gear, decreasing VR 	
	Stride	voltage.	
		3. The VR voltage is relayed through the ribbon cable to the display board, where it is used	
		to calculate the incline motor position. See illustration, STRIDE.03.	
		4. When the VR voltage values match the stride setting, the display CPU stops emitting the stride up or down signal to the drive board. The drive board, in turn, stops putting out power to the stride motors, and stride motors stop operating.	

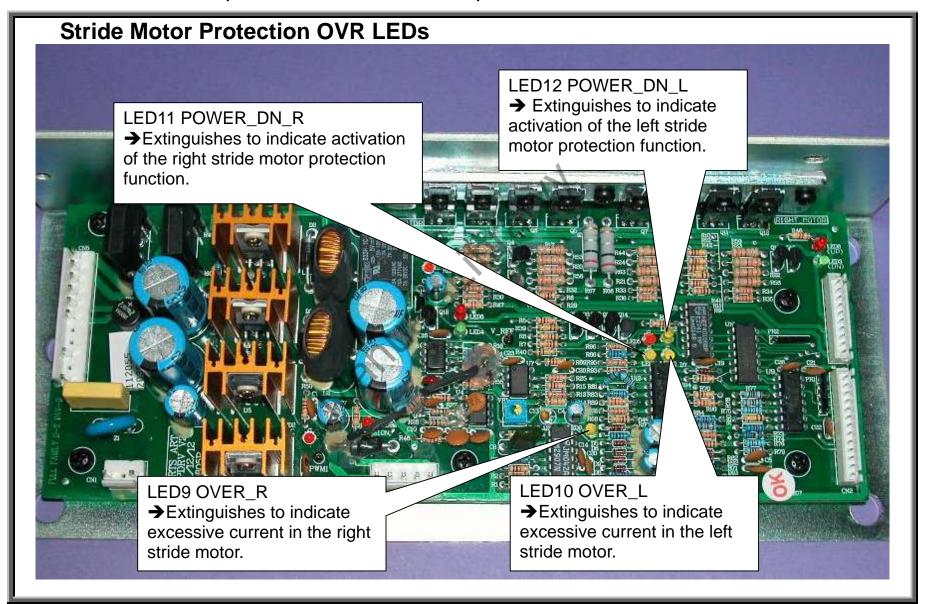




Stride Motor Protective Function

Order	Part	Operation
1		1. The diplay emits the STRIDE ▲ or ▼ signal. The signal travels the data cable to the drive board.
2	Drive Board	1. The ▲or▼ LEDs light. See STRIDE.04.The drive board emits voltage for stride motor operation.
3	Stride Motor	 Stride motor operates. Stride length increases or decreases.
4	Drive Board	1.The drive board protection circuit detects stride motor current. 2.If the current is too high (the motor is stuck), drive board OVER_L and/or OVER_R LED extinguish. See STRIDE.06. 3.After 30 seconds, PWR_ON_L and/or PWR_ON_R LED extinguish. See STRIDE.03. 4. Simultaneously, when the VR voltage exceeds the range of 0.5 to 4.5 VDC, up (LED 3,8) or down (LED 4,6) indicators extinguish. See STRIDE.04. 5.The drive board shuts off power to the stride motor.





Stride System Troubleshooting

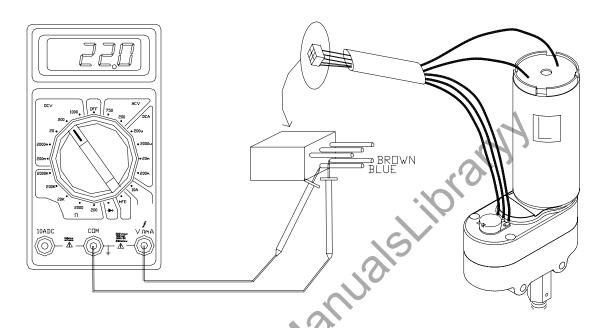
An ERR7 message on the display is the most common indication of a stride system malfunction. ERR7 appears if (1) the CPU can not read the stride VR value or (2) the VR value far exceeds the range of 0.8 to 4.15 VDC. Possible reasons for such problems include a bad VR, a stuck motor, bad wire connections, and lack of power to the VR or motor.

To resolve ERR7, inspect:

- (1) Inspect stride LEDs on the drive board (STRIDE.04 and STRIDE.06). If OVR LEDs are lit, inspect stride set voltages (STRIDE.10) and recalibrate the stride set (STRIDE.11).
- (2) Inspect wire connections. A loose wire or bad connection can cause ERR7. Carefully inspect wire connections, in particular those in the unit's shoulder.
- (3) If the stride power indicator, LED7, on the drive board does not light, suspect a power issue. Inspect the drive board for damaged components and the transformer input and output (POWER.08).

The following pages show stride voltage test procedures (STRIDE.08 through STRIDE.10) and calibration (STRIDE.11 through STRIDE.14).

Stride Motor Voltage Test

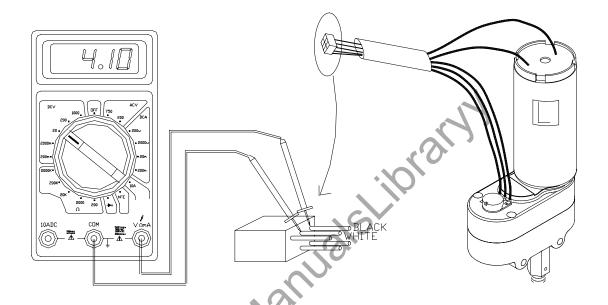


Motor Voltage Test Procedure

This test answers the question: Does the stride motor have power to operate?

- (1) Do not disconnect any wires. Place multimeter probes as shown.
- (2) Exercise on the unit. Press STRIDE up or down key. The value in the STRIDE window should increase or decrease.
- (3) The drive board UP or DN indicator should light. See STRIDE.04.
- (4) Normal reading: +22 (up) or -22 (down). Stride should operate up or down.
- (5) If there is voltage but the stride motor doesn't operate, try to get it unstuck and recalibrate it. If not possible, replace the motor.

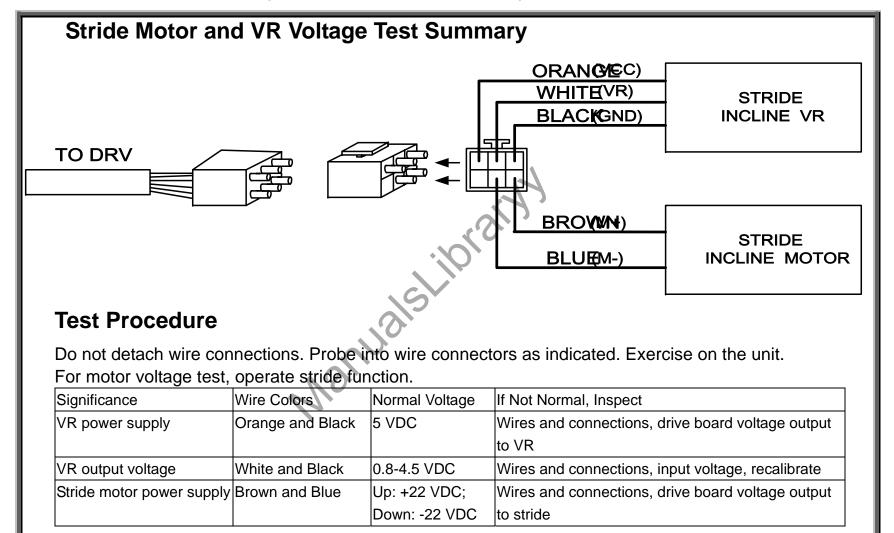
Stride VR Voltage Test

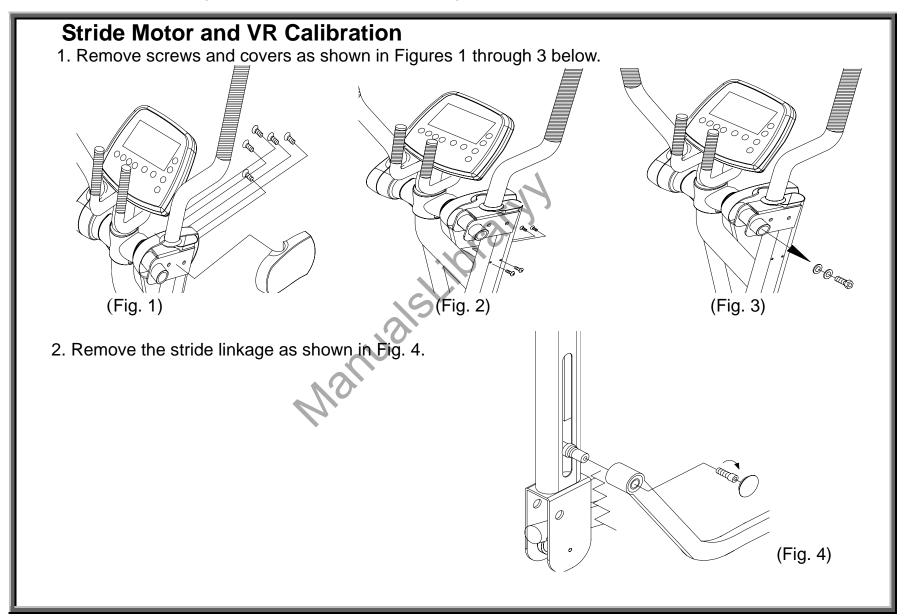


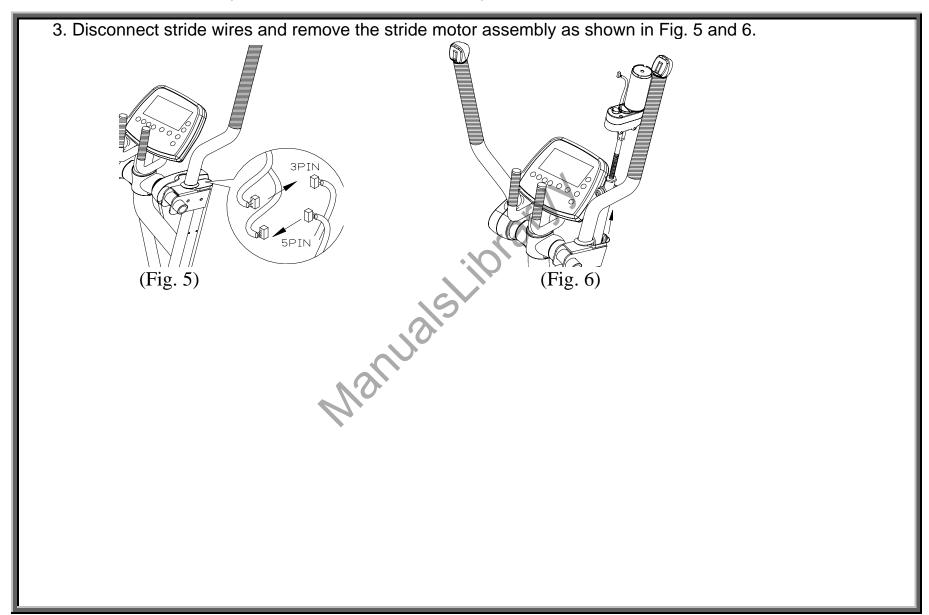
Stride VR Voltage Test Procedure

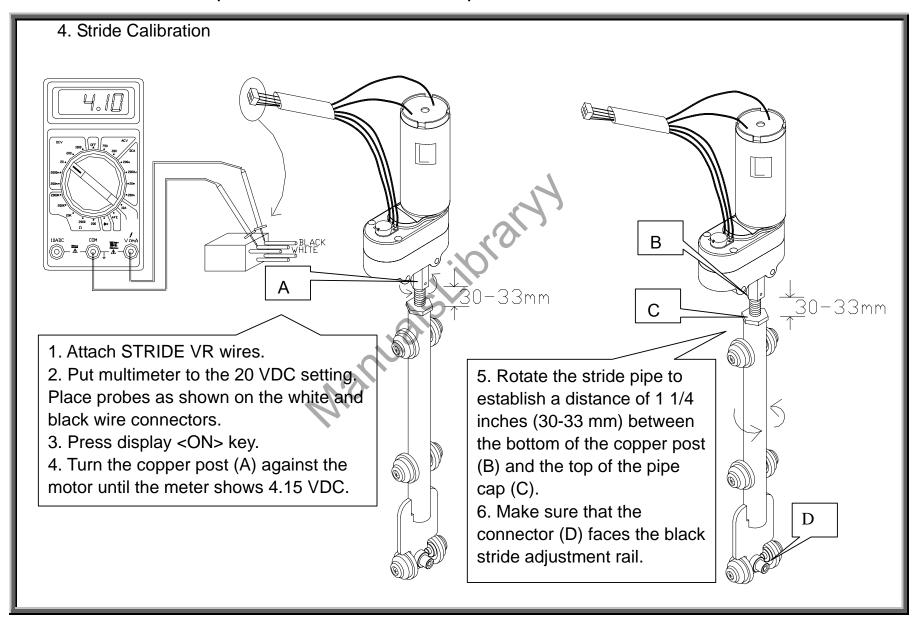
This test answers the questions: Does the VR have power supply? What voltage does the VR put out?

- (1) Do not disconnect any wires. Exercise on the unit. The display should light.
- (2) Place probes on the VR power supply wire connectors, which are orange and black. Normal reading: 5 VDC. If there is no voltage, inspect wire connections and drive board power LEDs (STRIDE.04). If LEDs are not lit, see POWER.01
- (3) Place probes on the VR voltage output wire connectors, which are white and black. Normal reading: 0.8-4.5 VDC. Recalibrate if the voltage reading exceeds this range.









- 5. Put the stride motor assembly back in place.
- 6. Test
- (a) Exercise on the unit. Press STRIDE<▼> key until the display shows 17 inches (450 mm). The stride motor operates, bringing the stride linkage to the lowest position on the stride support arm. Normal stride VR reading: 0.8VDC.
- (b) Exercise on the unit. Press STRIDE<*> key until the display shows 26 inches (650 mm). The stride motor operates, bringing the stride linkage to the highest position on the stride support arm. Normal VR reading: 4.15VDC.
- 7. If the STRIDE VR voltage measures as indicated, the calibration process has been completed successfully.

Polar

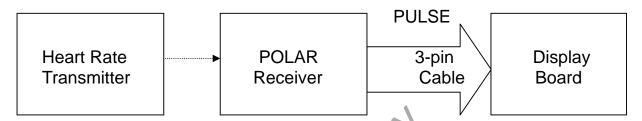
POLAR.01 - 805P Elliptical Trainer Polar Heart Rate Function

POLAR.02 - Polar Receiver Wire Connections, Transmitter Signal Transmission

POLAR.03 - Polar Heart Rate Test Procedure

Manualsk

805P Elliptical Trainer Polar Heart Rate Function



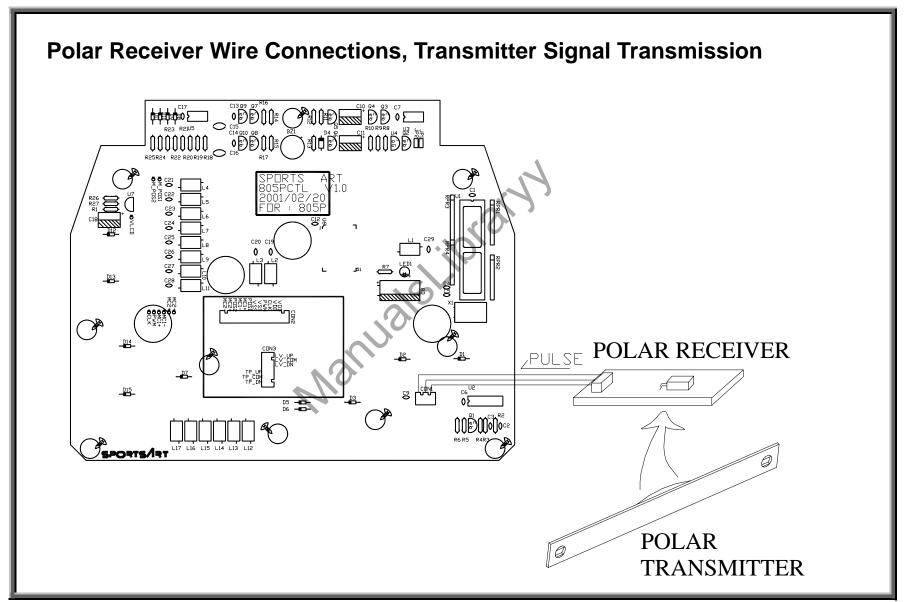
User Action

Step	Operation
	Strap on POLAR transmitter. Stand on the unit. Do not hold onto heart touch rate handles (807P).
2	Press the display "ON" key. Display beeps once and lights up.
3	Within ten seconds, the PULSE window should show the heart rate value.

Unit Operation

Order	Part	Operation	
1		POLAR transmitter detects pulse.	
	Transmitter	2. The transmitter transmits the pulse signal to the receiver.	
2	POLAR Receiver	 The POLAR receiver receives the signal. After processing the signal, the receiver transmits the signal to the display board. 	
3	3-pin Cable	1. The signal travels the 3-pin cable to the display board.	
4	1. The CPU reads the heart rate value. 2. The display shows the heart rate value in the PULSE window.		

Note that the 807P POLAR function operates similarly, but the wiring routes through the HTR board before going to the display.



Polar Heart Rate Test Procedure

- (1) Strap on the Polar transmitter.
- (2) Turn on unit power. Press < MODE > until the "PULSE" indicator lights.
- (3) The MODE window should show the heart rate value within ten seconds.
- (4) If not, inspect the following:
 - (a) Polar receiver board wire and its connections;
 - (b) Polar receiver board soldering; attachment of the blue box (the antenna) on the Polar receiver board; Make sure that nothing metal, including the serial number sticker, covers this antenna.
 - (c) Inspect whether the Polar transmitter works on another product. If so, replace the transmitter. Polar transmitter batteries wear out and can be replaced by the manufacturer.

HTR Function

(HTR applies only to 807P; The Polar receiver is on both 805P and 807P.)

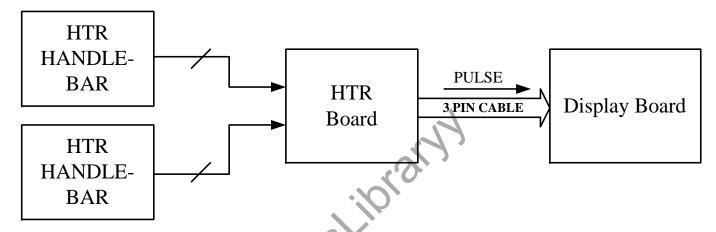
HTR.01 – 807P Elliptical Trainer Heart Touch Rate Function

HTR.02 - HTR Wire Connections

HTR.03 – Heart Rate Board Diagram

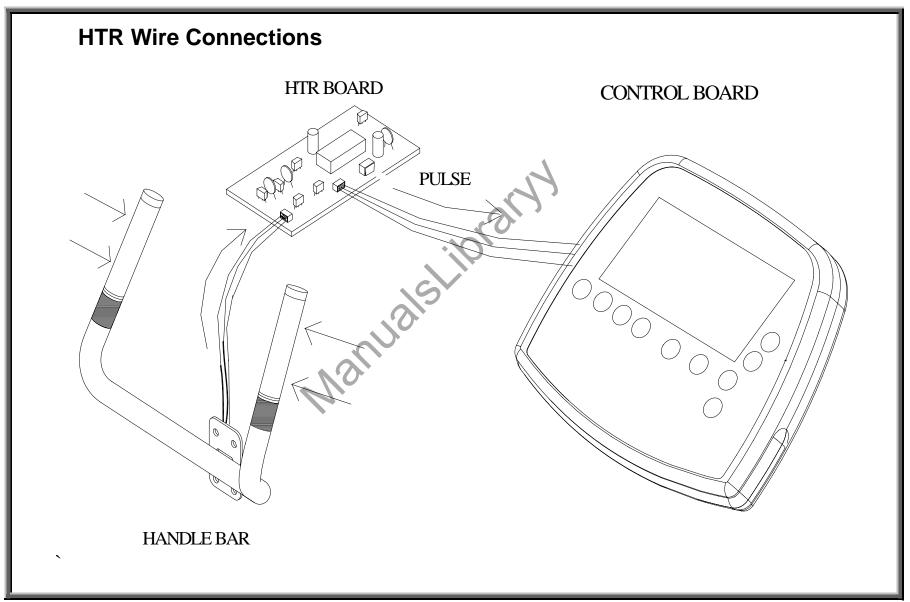
HTR.04 – HTR and HR Malfunction Troubleshooting; Troubleshooting Chart

807P Elliptical Trainer Heart Touch Rate (HTR) Function



HTR Operation

	Titt Operation			
Order		Operation		
1	HTR	1. Place both hands on the HTR handlebars.		
	Handlebar	2. LED2 and LED4 on the HTR board light up when the user holds onto the handlebars.		
		3. The user's pulse signal travels from the handlebars, via wiring, to the HTR board.		
2	HTR	1. The HTR board receives, processes, and transmits pulse signals.		
	Board	2. LED3 flashes each time an incoming pulse signal is received.		
		3. LED4 flashes each time an outgoing pulse signal is sent to the display board.		
3	3-pin	1. The heart rate signal travels the 3-pin cable from the HTR board to the display board.		
	Cable			
4	Display	1. The display board main program IC receives the heart rate signal and determines the		
		heart rate value.		
		2. The display PULSE window shows the heart rate value.		



Heart Touch Rate Board Diagram



Heart Touch Rate Board LED Indicator Definitions

HTR	LED1	LED2	LED3	LED4
Board				
HTR	X - Not lit in HTR	Lights when user	Flashes to	Lights when HTR handlebars
	mode.	holds onto HTR	indicate incoming	are held; Flashes when HTR
		handlebars.	HTR signal.	signal is sent to display.
Polar	Flashes to	X - Doesn't light in	X - Doesn't light in	Flashes when POLAR signal is
	indicate	POLAR mode.	POLAR mode.	sent to display.
	incoming			
	POLAR signal.			

Possible Problems with HTR and Polar

Possible problems include the following:

- Hold onto the HTR handlebar or strap on a Polar heart rate transmitter. The display PULSE window shows no heart rate value.
- PULSE window shows the heart rate value inappropriately -- when the unit is first turned on or when no one touches the HTR handlebar or no one wears the Polar strap.
- Heart rate value appears during exercise when no one touches the HTR handlebar or no one is wearing a Polar strap.
- Place hands on the HTR handlebar or wear the Polar strap. The display PULSE window value differs too much from the user's actual heart rate.

Troubleshooting Chart

Malfunction	Cause	Part in Question
LED1 (POLAR)	POLAR receiver is not detecting a heart rate or the	POLAR transmitter, POLAR receiver board,
not flashing	signal is not getting to the HR board.	wires
LED2 (HTR)	HTR handlebar is not being held or there is no	HTR handlebar, wire from HTR board to
not lighting	detection of a signal at the HR board.	handlebar
LED3 (HTR)	Signal is not arriving from HTR handlebars.	HTR handlebar, cable, HR board
not flashing		
LED4 (HTR+POLAR)	POLAR receiver or HTR is not emitting a heart rate	If all other HR board LEDs are normal, replace
not flashing	signal to the display.	the HR board.
Display Shows No HR	If HR board LEDs are normal, inspect the 3-pin	3-pin cable, connections, display board
Value	cable, its connections, and the display board	

Key

KEY.01 - Key and Switch Operation - Diagram; Key and Switch Operation - Explanation

KEY.02 - Switch Operation Illustration

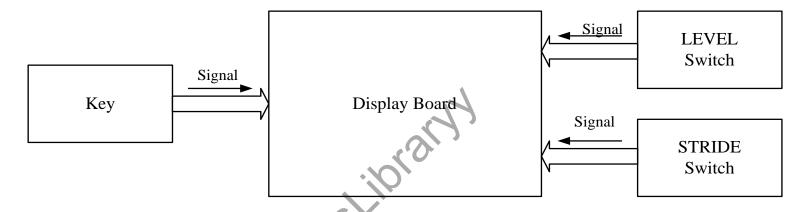
KEY.03 - Key and Switch Malfunctions; Key and Switch Troubleshooting

KEY.04 - Display Key Illustration

KEY.05 - Key Test Illustration

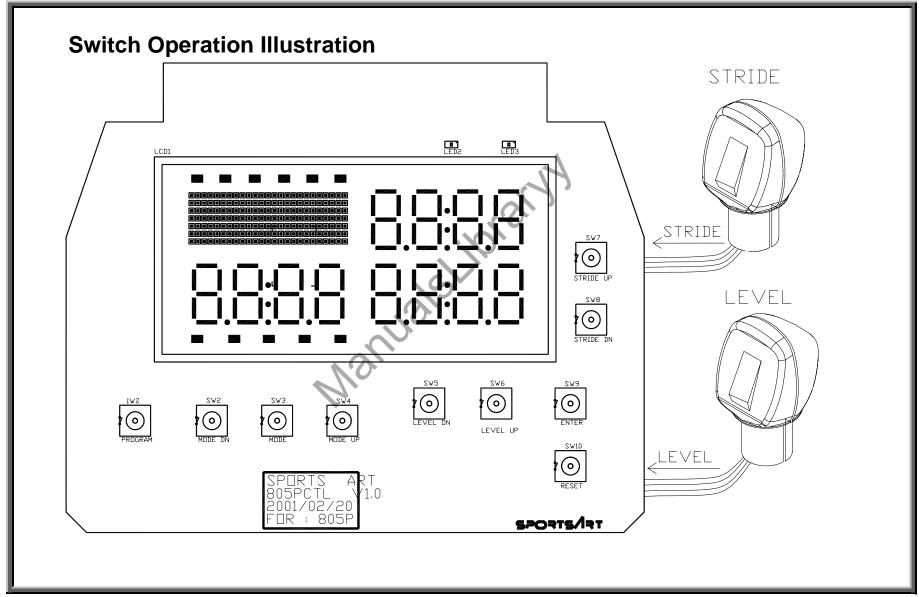
KEY.06 - Key Test Procedure

Key and Switch Operation - Diagram



Key and Switch Operation - Explanation

Order	Part	Operation		
1	Soft Keys	 Press the display keys. The key signal is transmitted to the display board. 		
2	LEVEL Switch	Press LEVEL switch on the handle. The signal goes to the display board.		
3	STRIDE Switch	Press STRIDE switch on the handle. The signal goes to the display board.		
4	Display Board 1. The CPU reads the key or switch signal. 2. The CPU sends signals to execute the command.			



Key and Switch Malfunctions

Symptoms of a display key issue follow.

Visual indication: Display overlay is cracked, usually on most often used keys.

Performance: Display does not beep after keys are pressed. Display doesn't change, and unit doesn't respond.

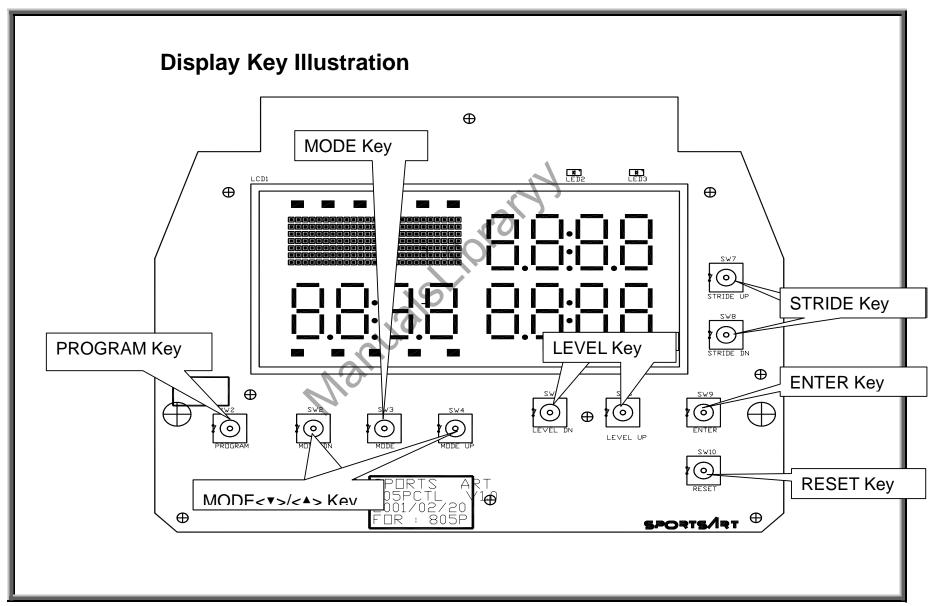
(No signal is getting through to the display.)

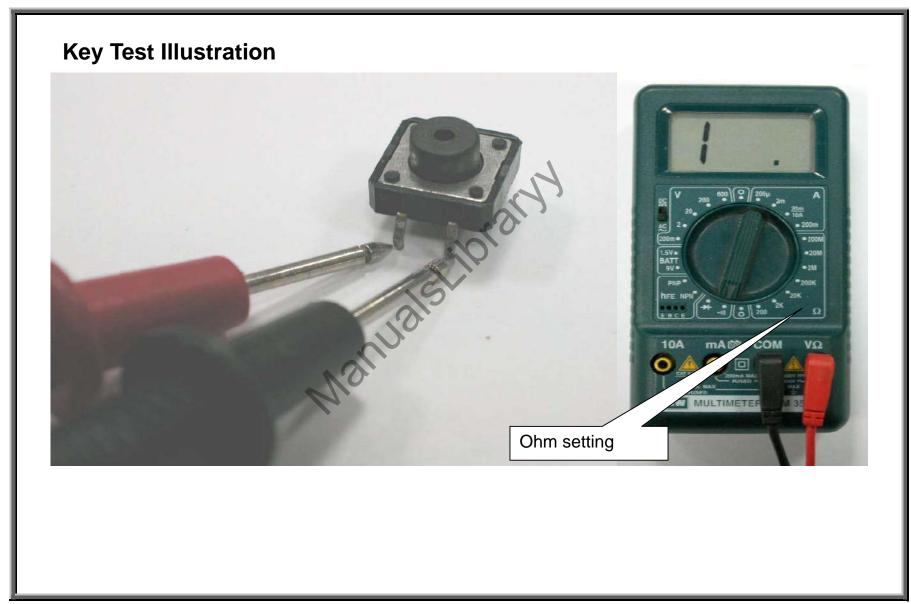
Symptoms of a handlebar switch issue follow.

Performance: Display does not beep after keys are pressed. Display doesn't change, and unit doesn't respond. (No signal is getting through to the display.)

Key and Switch Troubleshooting

Keys - If the display overlay is cracked, replace it. Check keys as shown in KEY.04 through KEY.05. Switches - Inspect all the wires involved. Be especially careful in checking switch wiring in the shoulders.





Key Test Procedure

- (1) Put multimeter to the audible setting. Place probes as shown in KEY.05.
- (2) Do not press the key. Normal reading: No sound.
- (3) If the multimeter beeps when the key is not pressed, the key has a short. Replace it.
- (4) Press the key switch "ON". Normal reading: multimeter beeps.

If not as above, the key is broken. The picture below shows a reading taken on a key with a short.



Troubleshooting

TROUBLE.01 - Error Codes

TROUBLE.02 - Electronic Malfunctions

TROUBLE.03 - Display Does Not Light Up

TROUBLE.04 - Display Board VCC Test

TROUBLE.05 - Drive Board VCC Power Test

Error Codes

Error codes are provided as a diagnostic aid. 805P and 807P have the following error messages:

STEP – "STEP" flashes on the display when the main program IC does not receive an optic sensor signal. This message appears for two reasons:

- (1) User issue the user isn't exercising on the unit so the flywheel doesn't rotate, and the optic sensor cannot detect any movement. In this case, the STEP message prompts the user to start moving. Once the flywheel rotates, the CPU should receive the optic sensor signal. Resolution in this case is simple: Exercise on the unit.
- (2) Mechanical issue the optic sensor signal is not arriving at the CPU. The optic sensor might be broken, the distance between the sensor and the reflective sticker might be too great, or the optic sensor or ribbon cable wires might be damaged or disconnected. Resolution: inspect the optic sensor, reflective sticker, wires and their connections. See OPTIC.01.

ERR6 – A STRIDE system error, ERR6 was removed from 805P models produced after July 2, 2001. It was never included on 807P products. Causes for ERR6 and their troubleshooting methods were similar to those of ERR7. The main exception was that ERR6 was broader in range than ERR7. ERR6 includes power issues, like a transformer malfunction, for example, as it related to stride operation. Since ERR6 is similar to ERR7 and so few units included ERR6, ERR6 is not dealt with in depth in this manual. Please refer to ERR7.

ERR7 – Causes of ERR7 include (1) the VR signal exceeds its proper range; (2) the CPU cannot read the VR signal. ERR7 always relates to stride operation. For ERR7 or other stride issues, please refer to STRIDE.07.

Electronic Malfunctions

If the following symptoms appear, refer to the page indicated.

- Display doesn't light up. Refer to TROUBLESHOOTING.03.
- No response to display keys. Refer to KEY.01.
- No response to handle switches. Refer to KEY.01.
- No Polar heart rate reading appears. Refer to POLAR.01.
- No HTR (807P only) reading appears. Refer to HTR.01.

TROUBLESHOOTING.02

Display Does Not Light Up

Malfunction: Turn on unit; Display does not light up.

Inspect the following:

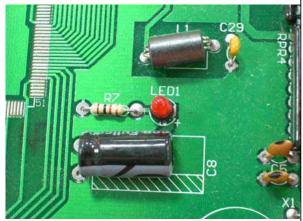
(1) LED1 on the display – LED1 on the display should light up when the unit is turned on. See TROUBLESHOOTING.04. If it does not light up, inspect the drive board power indicator, LED2. See TROUBLESHOOTING.05.

If LED1 (805P) or LED13 (807P) on the display does light up but the display does not light, replace the display.

(2) Drive board LED2 – LED2 on the drive board should light up when the unit is turned on. See TROUBLESHOOTING.05 and POWER.03 through POWER.04. If there's no power to the drive board, inspect the on/off switch, fuse, fuse-holder, and transformer (POWER.07 through POWER.09). If it does light, inspect the drive-to-display cable and its connections. Inspect wire connections. See POWER.01 for general reference.

Display Board VCC Test

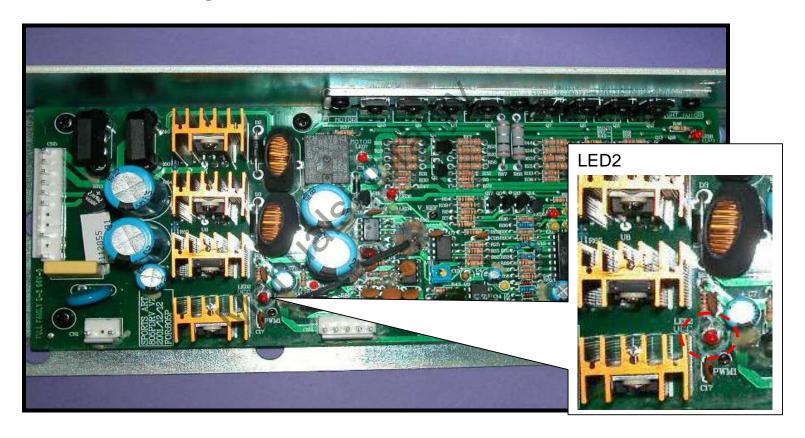




If the display board has power, display VCC LED1 (805p) OR LED13 (807P) indicator (shown above) should light; capacitor C8 (shown above, 805P) should also have power. To test voltage at the capacitor, put a multimeter probe on each pin of capacitor C8. Normal reading: 5 VDC.

If there is power at the display but it doesn't light or beep once when turned on, replace the display. If there is no power at the display, make sure the ribbon cable is connected well and inspect the drive board.

Drive Board VCC Voltage Test



If there is power to the drive board, the drive board VCC LED2 should light. If not, inspect the transformer input and output voltages, fuse, fuse holder, and on/off switch.