NoiseFit Force 2

Please refer to this manual before using the product

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What's in the Box

NoiseFit Force 2 smartwatch x 1
Charging cable x 1
User manual x 1
Warranty card x 1

PACKAGE CONTAINS

WATCH OVERVIEW

- Noise health
- Sports
- Noise Buzz
- Weather
- Messages
- Camera
- Music
- Breathe
- Clock
- AI Voice
- QR code
- Calculator
- Games
- Settings

CHARGING NOISEFIT FORCE 2 SMARTWATCH

Before using your NoiseFit Force 2 for the first time, charge the battery to its full capacity. Use the charging cable provided with the watch to charge. On a single charge, NoiseFit Force 2 can last up to 7 days.
Note: The battery life and time to fully charge your device may vary as per usage and other factors.

CHARGE NOISEFIT FORCE 2

- Plug the USB cable into a power adapter. Plug the power adapter into an electrical socket. (Power adapter not included).
- Place the magnetic charger on the magnetic charging points of the watch.
- While your watch is charging, the screen will show its progress.
- Once the battery is fully charged, remove the charger.

POWER ON

Press and hold the upper side button for a few seconds to turn on the watch.

POWER OFF

Press and hold the upper side button for a few seconds. Select 'Power off' and confirm to power off.

WAKING UP THE WATCH

The NoiseFit Force 2 smartwatch has a TFT colour touch screen. Navigate the watch by tapping on the screen, swiping side to side, up and down and pressing and rotating the functional crown and the lower side button.

BUTTON NAVIGATION

- Press the upper side button to turn on the watch display.
- Press the lower side button to go to sports modes directly from the main menu.

HOME SCREEN NAVIGATION

The home screen is the watch face. From the home screen:

- Swipe right to check your steps taken.
- Swipe left to access the main menu.
- Swipe up to go to quick settings.
- Swipe down to check your messages.
- Rotate the upper side button to change watch faces.

APP SET-UP

Before pairing, make sure that your smartphone and smartwatch are next to each other. The app will ask for personal information such as height, weight and sex to calculate your stride length, distance covered and calorie burn rate.

- Turn on Bluetooth and the location on your mobile device.
- On your smartphone, download the NoiseFit app from the Play store or the App store and install it.
- Create an account or Sign in using an existing account.

Note: Ensure that your smartphone is running on Android 5.0 & + or iOS 10.0 & + and is connected to mobile data or a WiFi network.

PAIR THE WATCH

- Open the NoiseFit app and allow the Bluetooth and GPS positioning to be turned on.
- Feed in your personal information and health goals in the app.
- Go to the 'Pair Device' page in the app, select the watch name and MAC address and link the watch.

BT call connectivity

To establish Bluetooth calling connectivity, follow these steps.

For automatic connection

After pairing the watch with the NoiseFit app, the watch's calling Bluetooth will be synchronized. Now connect it with your phone's Bluetooth to use the calling feature conveniently.

Manual connection

If the automatic Bluetooth calling connectivity has not been established earlier, you'll have to do the steps manually:
Go to Settings, Search for device and pair your smartphone to attend your calls from the watch.

BT call connectivity removal

- In Android devices, to remove the Bluetooth connection, you can unpair from the app and the phone Bluetooth settings. Go to the phone's Bluetooth settings and forget NoiseFit Force 2 device.
- In iOS devices, to remove the Bluetooth connection, you can unpair from the app and the phone Bluetooth settings. Go to the phone's Bluetooth settings and forget NoiseFit Force 2 and NoiseFit Force 2 Calling.

WATCH FEATURES

NOISE HEALTH

Noise Health Suite has a collection of wellness features that takes a holistic route.

ACTIVITY

You can check your daily activity progress in terms of the calories burned, distance covered, active time and steps taken.

HEART RATE

NoiseFit Venture supports 24/7 heart rate tracking. You can set your heart rate monitor to either 'Manual' or 'Continuous'.
To measure your heart rate in real-time, go to 'Heart Rate' monitor and tap on 'Tap to Measure.' You can view the all-day heart rate in the 'Heart Rate' app.
Note: Make sure your arms and wrists are still and there is no space between your watch and the wrist.

SLEEP

You can view your most recent sleep record and sleep quality in various sleep stages in the NoiseFit app.

BLOOD OXYGEN

NoiseFit Force 2 supports the viewing of the highest and lowest blood oxygen level of the day.
To measure your blood oxygen level in real-time, go to the 'SpO2' monitor and let it measure.
Ensure that your hands and wrists are still, and there is no space between your watch and the wrist.

CYCLE TRACKING

Turn on this feature on the app to view related information.

STRESS

Select Stress to start the measurement.
Ensure that there is no gap between the back panel of the watch and the wrist. Hold still while it measures your stress levels.

SPORTS

You can choose from 100 sport modes. You can take your workouts to the next level with the app. This feature also lets you control music while working out. You can also view the exercise records in the app.

NOISE BUZZ

You can use this feature to manage calls from the watch.

Make sure your watch is connected with your smartphone via Bluetooth. Go to Noise Buzz. Choose to dial from the dial pad or the contact list and make calls.
Ensure that the watch is connected to your smartphone via Bluetooth, all calls will be directed to the watch.

WEATHER

NoiseFit Force 2 supports 6-day weather viewing in a location of your choice. Navigate to the 'Weather' app on the watch to see today's current weather and for the next 5 days as well.

Open the Weather app on your watch and change the location to see the weather of your current location.

MESSAGES

You can check the incoming message received on your smartwatch.

CAMERA

You can use this feature to use the smartwatch to click pictures from the phone remotely.

GAMES

You can choose between 2 games to entertain yourself.

MUSIC

You can control your favourite songs and podcasts that play from your phone, right on your wrist as long as the watch is connected with the NoiseFit app on your phone.
You can play/pause music, go to the next/previous track or adjust/decrease the volume.

AI VOICE

You can use this feature to get a few tasks done via voice command as long as the watch and the smartphone are within Bluetooth range.

CALCULATOR

You can use this feature to do basic calculations

QR CODE

Tap on 'QR code' to access your saved QR code.
You can save QR code in the app.

ALARM

You can set alarms on the watch. You can add, delete, and enable/disable alarms. You can also label alarms to identify them.

STOPWATCH

A stopwatch can be set on the watch.
You can also set lap times on the stopwatch.

TIMER

You can set a timer with a preset duration on the watch and the timer will remind you when the time is up.

SETTINGS

WATCHFACES

You can switch between different watch faces in the watch, choose and download (doublloaned or animated watch faces. You can also create your own watch faces in the NoiseFit app.

CHANGING THE WATCH FACE

Give your screen a personalized style by changing or customizing the watch face from the NoiseFit app or the watch.

ON THE WATCH

Touch and hold the home screen. Swipe and choose from the watch faces. You can also rotate the functional crown to change the watch face.

IN THE APP

Go to watch faces, select the watch face of your choice and tap 'save' to change the watch face.

VIBRATION & RING

You can use this feature to choose vibration levels and turn off the vibration on your watch altogether.

BRIGHTNESS

Tap on brightness to adjust the brightness of your device.

SCREEN TIME

You can set the screen timeout duration as per your preference.

WRIST AWAKE

Turn on wrist awake and set the auto screen off as per your preference.

PASSWORD

You can use this feature to set and change your password on your watch.

MENU VIEW

Choose from 10 formats to view your watch features.

ABOUT

Tap on 'About' to view the device information.

POWER OFF

You can choose to power off to turn off the watch.

RESET

You can choose to reset. Do note if you choose to reset, all your data and settings will be erased.

RESTART

You can choose to restart to restart the watch.

FIND PHONE

You can use this feature to find the phone from your smartwatch as long as it is in Bluetooth range.

APP

Scan the QR code to connect with the app.

DEVICE INFORMATION AND TIPS

DEVICE INFORMATION

The NoiseFit Force 2 smartwatch contains the following:

- 1.28" TFT Display
- SpO2 monitor
- Stress monitor
- IP67 waterproof
- 100+ sports modes
- 20mm quick change pins

The NoiseFit Force 2 smartwatch stores your activity data for up to 7 days between the time you sync your watch to the NoiseFit Force 2 app. Activity data includes your steps, distance, calories, active minutes, heart rate, sleep duration and workout data. We recommend syncing the watch to the app daily.

TIPS

How do I update my NoiseFit Force 2 ?

You can update your NoiseFit Force 2 via the NoiseFit app. In the app, tap on 'My Device', go to 'Settings'. Tap on 'Firmware update' to check for version updates.

How do I find my watch's current firmware version?

You can find the watch's current firmware on the watch as well as on the NoiseFit Force 2 On your watch, go to 'Settings', and tap on 'System'. Scroll down and click on 'Firmware Upgrade' to view the current firmware version. On the NoiseFit app, go to 'My Device' and tap on 'Firmware update' to know your current firmware version.

How does the watch estimate how many calories have been burned?

NoiseFit Force 2 estimates how many calories you've burned based on the physical activity data and your heart rate.

How do I change my health goals?

You can do it through the NoiseFit app. In the app, go to 'My Device' and tap on the profile icon in the top left corner. Tap on your ID in the top section to change your health goals.

How do I log my weight?

You can log in your weight the first time you set up your NoiseFit Force 2 smartwatch.

However, you can update the weight later via the NoiseFit app. Go to 'My Device' and tap on the profile icon in the top left corner. Tap on your ID in the top section to update your weight. You can update your gender, birthday and height as well.

SAFETY AND HANDLING INSTRUCTIONS

- The device includes an in-built rechargeable battery. The battery life may degrade near the end of its lifespan. Do not attempt to open the device or replace the battery. Doing so you may end up damaging the device and/or the batteries posing a safety hazard on subsequent usage.
- Please do not tamper with the battery terminals as it may result in battery leakage, overheating, explosion or a fire hazard.
- Do not puncture the battery or expose it to extra heat as the device, as this could result in battery damage, leading to leakage of battery liquid and potential skin irritation if the liquid comes into contact with your skin. The damaged battery may also be prone to overheating or causing a fire hazard.
- Do not place the device near fire or expose it to excessive heating as it may cause the battery to explode posing a safety hazard.

- Only use Noise approved chargers and cables that are specifically designed for use with the device. Unapproved chargers and cables may damage the device and also pose a safety hazard for the user.
- If the device emits a loud smell or burning odour, please stop using the device immediately and contact the Noise approved service centre.
- Do not expose the device to temperatures outside the range of 20°C to 35°C. Using the device outside of the prescribed temperature range may damage the device. Do not use the device in a sauna or steam room.
- Do not use household cleaners to clean the device. Use soapfree cleaners instead.

The device is dust and waterresistant (rated at IP67). The following tips are to be followed for the safe upkeep of the device:
Please make sure that the device is not exposed to seawater or used in deep waters.

- Do not expose the device to highpressure water flow.
- Wipe the device clean of water with a soft and clean cloth if exposed to water. Leave the device to dry up naturally.
- Do not open the device if it stops functioning upon exposure to water and despite drying up the device steps. Visit an authorized service centre for getting the device checked.

MEDICAL DEVICE INTERFERENCE

The device includes components that may cause interference when worn with medical devices such as pacemakers, implantable cardioverter defibrillators, or other implants. If you use a medical device, please consult your physician before using the device. Also, in case the device is allowed to be worn with the medical devices the device and/or any of the associated accessories require sufficient separation between the device and the medical device at all times.

MEDICAL USE ADVISORY

Unless otherwise specified, the device and any associated app/based or Noise provided services are not suitable to be used as medical devices. In particular, the device and associated app/based or Noise provided services are not intended to diagnose, treat, cure or prevent any disease/health condition. We develop products and services to enhance the quality of life and promote a healthy lifestyle. Our products and services are not intended to be equivalent to medical devices or scientific measurement devices.

CHOKING HAZARD

The device is not a toy and it contains small components that could cause a choking hazard. Accordingly, the device is not intended for use by or left unattended around small children or pets.

SKIN IRRITATION HAZARD

In some cases, prolonged use of or exposure to the device may cause skin irritation or allergies in some users. To reduce the possibility of irritation, keep the device clean and dry. If you feel soreness, tingling, numbness, burning or stiffness on any part of your skin while or after using the watch, please immediately discontinue use.

DISPOSAL INFORMATION:

At Noise, we are committed to protecting the environment and preventing any damage to the same by way of irresponsible disposal of sweate generated from electronic products. We encourage responsible disposal of our electronic products and ask our customers to help Noise to reduce the impact of sweate on the environment. The following symbol is indicative that the device and/or any of the associated accessories (e.g. charger, cable, manual and the Box) therein should not be disposed of with household/domestic waste.

In accordance with the regulation of the Ministry of Environment, Forest and Climate Change, Noise has been granted Extended Producer Responsibility Authorization (EPR Authorization number: B-29016 (191)/(19)/2019/NRM) Division dated 05th December 2019 for the management of sweate waste. Noise is committed to contributing its bit towards protecting the environment by providing customers with the option of depositing their Noise devices, which have reached their end-of-life cycle, at the nearest Noise Authorized Sweate Waste Collection centres and our sweate policy are available at the link: https://www.noisefit.com/pages/sweate-management. By recycling, reusing materials or components of old Noise LED devices, you are making an important contribution to protecting our environment. Together we could make a difference.

CUSTOMER SUPPORT

If you experience any problem with the watch, it may be fixed by restarting your watch. For any assistance, please reach out to us at support@noise.in